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Running for their pints

Burwell's inaugural beer run a success – page 3

FOALING AROUND

Lizzy Buchan meets some new arrivals at the National Stud Page 9

Moving home?

– 20 pages of property start on page 25

FOR BREAKING NEWS AND UPDATES VISIT OUR WEBSITE: NEWMARKET-NEWS.CO.UK

Houses rocked by a 'bomb-like' explosion

Mum thanks childminder who got her baby to safety as smoke poured into the home

BY LIZZY BUCHAN AND RAYMOND BROWN

A CHILDMINDER has told how she ran from a smoke-filled house with a baby in her arms when an explosion rocked homes in a quiet village.

Lyn Pavis has been hailed a hero after she saved baby Charlie who was asleep in her home in Bottisham when the blast happened on Monday.

The 51-year-old was looking after the six-month-old son of Dawn Stewart, 36, of Teversham, when cylinders exploded next door.

She said: "I was in the house when I saw smoke coming from the shed and then there was the bang. Charlie was sleeping and my first thought was just to get him out of the house.

"The way the fire caught so quickly and with Charlie asleep I just grabbed him in the duvet and got him out of there fast.

"There was a massive amount of smoke and I knew the house was made of wood and could catch fire quite easily – especially when the big explosion happened."

Relieved mum Dawn has credited Lyn with saving her baby's life.

But Lyn said: "I've had a lot of people texting me to say well done but I don't think I am a hero. I just did what I had to do."

The fire service was called to the garage blaze in Beechwood Avenue, at 8.58am and the explosion was heard by residents at 9.12am. One described it as like a "bomb going off".

Neighbour Catherine Wightwick said: "Our house was rocked by an explosion at 9.12am. It happened in Beechwood Avenue and we live 300-400 yards away. The house shook. It was a hell of a bang

Continued on page 4

Smoking barrels! Is that Vinnie Jones?

Page 7

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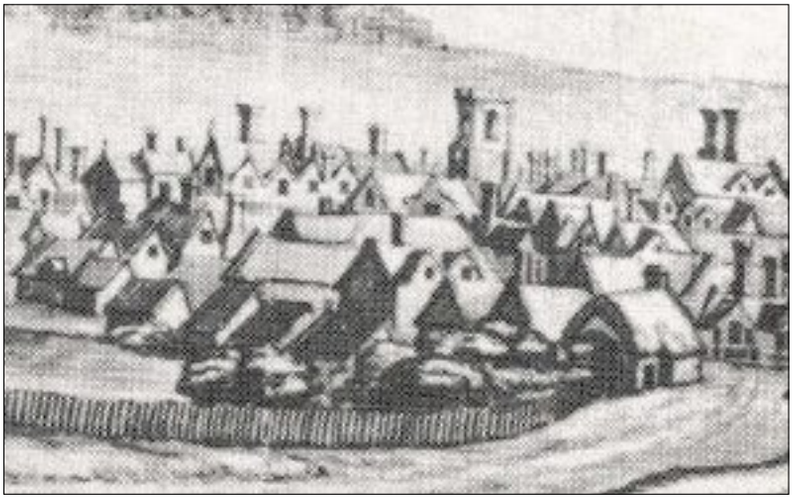

DELVING INTO HISTORY: The sketch of Newmarket is taken from the engraving commisioned by Cosimo de Medici, 3rd Grand Duke of Tuscany, during his visit to Newmarket in May 1669

History talk on the Great Fire of Newmarket

■ LIZZY BUCHAN

FLAMES and treason will be the subject of a talk shining a new light on a dramatic chapter in Newmarket's past.

Historian John Sutton has delved deep into the past for his latest project detailing a dramatic blaze known as 'The Great Fire of Newmarket' in March 1683.

Mr Sutton, of Churchill Avenue, Newmarket said: "King Charles II fled from Newmarket due to the fire and because of this he escaped an assasination attempt as he left Newmarket a week earlier than planned.

"It really is a significant event in English history."

During the fire the king decamped to Suffolk House and then was forced to flee for London.

The royal party had planned to leave Newmarket on April 1 but due to the fire the king returned early, unwittingly foiling 'the Rye House Plot', in which extremists had planned to shoot him as he passed though Rye, in Hertfordshire.

But due to the Newmarket fire they missed his passage.

Mr Sutton said: "Newmarket's misery was Charles II's salvation."

HOT TOPIC: This playing card comes from the Rye House Pack of c.1684-5

During his research Mr Sutton has unearthed exciting new details about the fire, which destroyed around 60 homes in the High Street in just three hours.

It was originally thought the fire began at a bridge on the Watercourse – under modern day Mill Hill – but Mr Sutton said key sources state the wind was blowing in a north east direction and so the starting point must have been elsewhere.

The former Anglia Ruskin University lecturer believes the fire began at another bridge in High Street, near the Jockey Club Rooms.

Mr Sutton will deliver his talk entitled 'Flames and Treason' on Saturday, April 5 at the Suffolk Record Office, in Raingate Street, Bury St Edmunds, between 10am and 12pm.

For more information email: Sutton1945@BTinternet.com

Police appeal over two burglaries

PASSPORTS, clothes and jewellery have been stolen.

A back door was forced open and jewellery, clothing and passports were stolen between 7.30am and 3pm on Thursday at a house in Paddocks Drive, Newmarket.

The second burglary took place between 8.45am on Wednesday and 7.50pm on Thursday at an address in St Philips Road. A rear window was forced open using tools from the garden and jewellery and cash was taken. Call 101.

Horse Watch event to be held

HORSE owners and riders can learn about security at the first Horse Watch event in the district.

Equine enthusiasts can attend the event at Newmarket's Rowley Mile racecourse today from 6pm to 9pm.

The event will be opened by Suffolk PCC Tim Passmore and there will be talks and stalls on a range of subjects including equine nutrition, equine rescue, grass sickness and laminitis, fly grazing and equine welfare charities.

More pictures online at newmarket-news.co.uk

ON THE RUN: Karen Kent sets off from the Anchor with 2 year old Harry, left

TIME FOR SOME REFRESHMENT: Above, Belinda Bendzulla with her son Hylton, 18 months, husband Michael Bendzulla and their 4 year old Stjohn. Left: Lee Wilding and his daughter Charlotte, 8
Pictures By Keith Jones

Runners hop to it for Burwell Beer Run

RUNNERS pounded the pavements for a charity run in memory of a popular football coach who died of a heart attack.

More than 80 people took part in the inaugural Burwell Beer Run on Sunday, a two-mile fun run through the village where runners had to stop off for a drink of beer or juice at The Five Bells pub, in High Street, The Anchor pub and The Fox pub, both in North Street.

Jack Smith, of Swaffham Road, Burwell, organised the race to raise money for the British Heart Foundation (BHF) in memory of his dad Neale who died in 2009 aged 48, when he suffered a heart attack while playing football.

Neale was a keen footballer and a founding member of the Burwell Tigers where Jack now coaches.

Jack, who works for Peterborough City Council, said: "There were 85 people doing the race in total and the atmosphere was amazing.

"Everyone loved it. They are already putting pressure on me to do it again next year."

Despite the morning rain, competitors ranging from children in prams to elderly runners turned out, with winning runner Sarah Baumber completing the race in just 17 minutes.

Jack is still totting up the money raised but it has already brought in more than £500.

He added: "Dad was a keen fundraiser and he did enjoy a drink in the pub so he would have definitely been up for something like this. I think he would have really enjoyed it."

Jack thanked everyone who took part, particularly the three pub landlords for their support and Burwell Community Centre for providing parking for the event.

Keen runner Jack is planning to take on the London Marathon next month and the money raised during the Beer Run will go towards his £2,500 fundraising target for the BHF. To make a donation or find out more please go to facebook.com/llbeerrun.

>> in brief

Burglary arrest

A MAN has been charged in connection with an incident where an intruder pretending to be a door-to-door salesman was found inside the home of the vulnerable victim.

Officers arrested two men after the incident between 5.15pm and 5.30pm on Thursday in Milden Court, Mildenhall.

Daniel West, 26, of Hervey Green, Nottingham, was charged with burglary with intent and for acting as a pedlar without a certificate.

West was remanded in custody and appeared at Bury St Edmunds Magistrates' Court on Saturday.

The second man arrested was Christopher Waldram, 33, of Killerton Green, Nottingham.

He was charged with acting without a pedlar's certificate and has been bailed to return to the same court on April 4.

Driver freed

A MOTORIST had to be released by firefighters after crashing into a garage.

The collision happened in Roughlands, Lakenheath, just before 4.30pm on Saturday.

Crews released one person from the car and the casualty was left in the care of paramedics.

Holistic event

HEALERS, mediums and massage therapists will be on hand at an exhibition in Newmarket.

The free Mind Body Spirit Exhibition will take place in Memorial Hall on April 5 from 10am to 4pm.

Visit spiritualflowevents.com.

Date is set for academy shift

LIZZY BUCHAN

ON June 30 Newmarket College will close its doors for good.

On July 1 it will open as a new academy under the sponsorship of the Samuel Ward Academy Trust, which includes Samuel Ward Academy, in Haverhill, and two other primary schools.

As reported in the *News*, Samuel Ward principal Howard Lay has become executive principal of Newmarket College and is working with interim head Nick Froy to support the college in its transition to academy status.

Mr Froy said the college could have a new name, a new uniform and a new logo once it becomes an academy and public consultation will take place in the coming weeks on these matters.

He said: "It will be a completely fresh start. Newmarket College will cease to exist and become a new school."

TEAMWORK: Nick Froy, interim head of Newmarket College, left, with Howard Lay, executive principal

Picture by Alison Dent

Newmarket College has bought into the values of Samuel Ward Academy Trust, and intends to build on its key "pillars" of success, which include more emphasis on pupil leadership, enrichment and charity work locally and internationally.

Mr Froy said: "What this partnership does it brings a lot of ideas we had into a much sharper focus.

"With Howard's expertise and support we are able to move forward in a very positive way."

The college has seen a swell in pupils numbers with 140 pupils registered for the September 2014 intake compared with 94 pupils in 2013.

Mr Froy said: "We see the 140 number as a fantastic vote of confidence from parents and the community about the direction the college has been going in."

The two schools are also sharing resources, ideas and activities.

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SCENE OF THE BLAST: Black smoke billows into the sky above Beechwood Avenue in Bottisham. Right: Emergency crews at the scene

Homes evacuated as garage bursts into flames

Continued from front page

and there was a big plume of smoke."

Joshua Cullen, 22, of Beechwood Road, said: "I heard the noise and it was like a bomb going off – or like shotguns firing. It sounded like we were in a war. It shook my house. It's outside my bedroom window so I looked out into the garden and I saw all this smoke."

Station commander Brendan Morgan said the fire was in a number of sheds and a garage which is used as a mechanic's workshop. Four houses were evacuated and the residents in a nearby care home were moved to the front of the building as a precaution before the blaze was doused.

People were given oxygen but no one was hurt, he said.

The cause of the fire was accidental due to an electrical fault.

Garage owner Ian Baker, 61, declined to comment.

Who is ready to Run the Walks?

LIZZY BUCHAN

RUNNERS will have a rare chance to take to Newmarket's horsewalks following the return of a charity race.

A date has been set in September for Run the Walks, in Newmarket, which was unfortunately cancelled last year due to a poor sign up rate.

The race, which raises money for Racing Welfare and homelessness charity Newmarket Open Door, will now be a 5km route around Newmarket Heath, around Warren Hill and finishing up on The Severals.

Cllr Joy Uney told a meeting of Newmarket Town Council on Monday: "We have returned with a shorter route race which is what people said they wanted.

"It will also cost less because we won't be closing the High Street.

"The distance has been chosen so everyone can take part."

The town council agreed to allow free use of the Severals sports pavilion for the event.

There will also be fun runs on The Severals and an opportunity to 'Walk the walks' for non-runners.

Run the Walks will be held on Sunday, September 28 at 12pm.

For more information go to www.runthewalks.org.uk.

Vandals slash tyres on three vehicles

THREE cars have had their tyres punctured this week during a spate of vandalism.

The first two incidents occured overnight between March 17 and March 18 at a playing field car park in Scott Avenue, Mildenhall, where a red Mazda RX-8 had all four tyres slashed and a silver Mitsubishi FTO had its two offside tyres punctured.

A grey Seat Leon had three tyres slashed between 7.30am and 11.45am on March 19 in a car park on Hanmer Avenue. Call 101.

Rock out to top Boss tribute act

ROCK out at the first pre-festival gig for this year's Cambridge Rock Festival.

First up is the Bootleg Boss, a six piece tribute to Bruce Springsteen and the E Street Band, who will be performing at Memorial Hall, in High Street, Newmarket, on March 29.

Tickets cost £12 in advance or £14 on the door.

Go to Tourist Information Office, in the Guineas Shopping Centre, call (01353) 749749 or visit CRFradio.com or cambridgerockfestival.co.uk.

Delight as town market receives a funding boost

LIZZY BUCHAN

TRADERS have expressed their delight at a £4,000 cash injection for the town's market.

Cllr David Hudson, who represents Newmarket and Exning for Suffolk County Council, has volunteered the funding from his locality budget to spend on promotion for the Newmarket's market.

The UKIP councillor said: "I am very keen on promoting the market as I think it would be a great loss if we didn't have it.

"I think it adds variety to the shopping experience in Newmarket."

Improving the market's visability is a priority, according to Cllr Hudson, who said the site was "a bit off the beaten track" for visitors to the town who did not know it was there.

Cllr Hudson said: "I think there must be dozens of people who visit Newmarket and walk straight up the High Street without ever knowing the market is there."

The news has been greeted with joy by traders.

Andy Neal, who runs a mobility stall on the market, told the *News*: "From a traders point of view it is a real boost."

Mr Neal said: "There are lots of ways we can use it and we want to get the most out of it. I think some of the money will be used for improved signage."

WHO WILL BUY: Cllr David Hudson, front, with some of the traders. From left: Nigel Marsland M and M Fruiterers, Len Rix The Egg Man, Rob Hollingsworth who sells ladies Clothes and Rowland Allen, known as 'Rol the Fish'.
Picture by Keith Jones

This announcement follows news that a new market development officer was appointed for West Suffolk at the beginning of the year.

Sharon Fairweather, who has worked on the successful market in Bury St Edmunds, is hoping to bring fresh appeal to Newmarket's market with a string of new ideas.

Stallholders are invited to take part in an Easter Family Fun Day with 7ft by 3ft covered table area's available for only £15 per day.

There will be lots of fun for visitors including free fairground rides and games when you make a purchase as well as a free raffle.

For information or to book a stall call (01284) 75703 or email sharon.fairweather@westsuffolk.gov.uk.

The market operates on Tuesdays and Saturdays in the Market Square.

>> in brief

Airmedics called

A WOMAN has been taken to hospital after suffering serious ankle injuries when she fell from her horse.

Magpas Helimedix flew to a field in Newmarket in the charity's air ambulance at 8.15am on Wednesday to help the rider who was in her 30s.

The patient, who had suffered serious ankle injuries, was taken to Addenbrooke's and was said to be in a comfortable condition.

Tools stolen

A CHAINSAW and a pressure washer have been stolen from a van.

The incident occurred between 7pm on March 18 and 7.15am the next day in Holmsey Green, Beck Row.

A Ford Transit van parked on a driveway had a front quarter-light window smashed and a petrol pressure washer and a chainsaw were stolen from inside. Call police on 101.

Clothing sale

SNAP up some bargains at a charity sale.

ICE of Ixworth is hosting a clothes and accessories sale at the White Hart Hotel, in High Street, Newmarket on March 28 from 10am to 3pm. Twenty per cent of proceeds will go to Action Medical Research UK.

Outbuildings are burgled overnight

OFFENDERS have broken into a number of outbuildings at a property in West Row and made off with equipment.

Police are appealing for information regarding the incident took which took place between 5.45pm on Tuesday, March 18 and 7am on Wednesday, March 19 at an address in Church Road in the village.

Two outbuildings had locks cropped by offenders.

Another two premises which had been left insecure were also entered, and a Sealey air compressor along with a Honda lawnmower were stolen.

Residents are reminded to remain vigilant and ensure their outbuildings are carefully locked at all times.

Anybody with information about this incident is asked to contact PC Dan Smyth at Mildenhall Police Station on 101 quoting reference MH/14/468.

Alternatively call Crimestoppers anonymously on 0800 555 111.

For advice on security call your local safer neighbourhood team on 101.

Three arrested in police chase

A MAN has been charged following a police pursuit in Newmarket.

Officers gave chase after a Volvo car failed to stop for police in Hamilton Road, Newmarket, at around 12.45am on Monday.

The vehicle was eventually stopped in Horringer, near Bury St Edmunds, and three people were arrested and taken to Martlesham for questioning.

Darren Thurling, 38, of Duck Lane, Haddenham, has been charged with taking a motor vehicle without the owner's consent, using a motor vehicle without insurance and driving a motor vehicle without a licence.

The vehicle had been taken from an address in Soham on March 23. Thurling will appear at Cambridge Magistrates' Court on April 9.

A 32-year-old man from Ely, who was arrested on suspicion of drink driving and dangerous driving has been bailed to return to the Bury St Edmunds Police Investigation Centre on April 30.

No further action will be taken against a 31-year-old woman from Ely who was arrested on suspicion of theft.

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Newmarket News

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At the same time, we are constantly looking to improve our title and are always happy to hear from you with suggestions and comments.
If you have any feedback for us then please contact the relevant person or people listed below.

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THE RECYCLED PAPER CONTENT OF UK NEWSPAPERS IN 2011 WAS 78.9 per cent.

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Published and printed by the proprietors Local World Ltd, PO Box 10177, 50 St George Street, Leicester, LE11 8ED. Registered as a newspaper at the Post Office.

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I am proud of our unique town

HATCHFIELD Farm development is a diabolical idea.
The Jockey Club are not arrogant. This town is the headquarters of British horse racing, respected and admired worldwide. The town, the heath and the surrounding studs are unique.
From the splendid statue of the rearing horse towards town, have you, Chris, never observed the well-kept land where two horse matches were first held?
Have you stood, or from your vehicle, before the Regency Terrace on your right, cast your eye toward Warren Hill?
Have you been to the summit and on a clear day discerned Ely? Do you wear blinkers or a blindfold? Can you not recognise natural beauty Chris?
Would you like it all to be built on? The racecourse can be converted into fast food outlets, supermarkets and 20 screened cinemas.
We can do away with horses. No need for bookmaker shops.
I love horses and I'm proud of our town and its history.
Many are already concerned about the volume of traffic along Fordham Road.
We are peasants who want Newmarket to remain rural.
Farzana
Newmarket

Horses deserve better than this

RUBY Walsh is replaceable (*Newmarket News*, March 19).
Without horses he'd not be what he is (ie on this occasion a twit - but no doubt his comments were "quoted out of context").
Horses deserve better than that, particularly from someone who has made a lot of money on them. Show some respect and humility, Walsh!
Stephen
Burwell

Calling all Royal Marines

HAVE you ever served in the Royal Marines? Did you know that there is a Cambridgeshire branch of the Royal Marines Association which meets in Cambridge?
Our current membership includes a marine who watched the Graf Spee burn off Montevideo harbour in December 1939, a veteran of D-Day and men who have served variously in Korea, Malaya, Borneo, Cyprus, Northern Ireland, Iraq and Afghanistan.
We hold regular monthly meetings, sometimes joining with the Royal Marine Reserve, and wives are most welcome as associate members. So come, join us, and share your experience with men who will know what you are talking about.
Please contact me on 01223 264862, davidrogers@iib.ws
David Rogers

Fancy rising to this challenge?

FANCY a challenge in 2014 – something you can do as a family, group of friends or workmates?
Heart Research UK is a Yorkshire-based national charity that funds pioneering research into heart disease as well as encouraging people to live a heart-healthy lifestyle.
One of our biggest fundraisers of the year is our Yorkshire Three Peaks and Valleys challenge on 21 June where the iconic route in the Yorkshire Dales takes you up Pen-y-Ghent, Ingleborough and Whernside – or a new scenic valleys route that follows a gentler walk beneath the peaks.
It's free to enter and all we ask is that you raise as much as you can to help us in our work in the prevention, treatment and cure of heart disease, still the UK's biggest killer with nearly 80,000 deaths a year. Heart Research UK will support you along the way with plenty of help and advice, as well as being there on the day to assist and encourage you. By taking part you'll be getting plenty of exercise and fresh air, as well as raising money for a good cause.
Treatments for heart disease continue to develop but mortality rates are still too high and that's why we need help from supporters like you to continue our work in helping hearts across the country.
If you want to do the Yorkshire Three Peaks and Valleys you can apply online by completing the application form on our website – www.heartresearch.org.uk/events/yorkshire-three-peaks-valleys
Please don't hesitate to contact Lynne on 0113 234 7474.
Lynne Desborough
Fundraiser
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COMMUNITY NEWS

> > Email your Community News to editorial@newmarket-news.co.uk

>> Mildenhall

ALLOTMENT HOLDERS CELEBRATE
The Mildenhall Allotments Association held a splendid annual meeting last week in the Jubilee Centre at Recreation Way, their celebration being of a full first ten years 'in situ' at their Sheldrick Way Allotments, along the West Row road.
In addition to the normal business, the hard-working group had invited a special guest speaker for the occasion. She was Karen Kenny, from BBC Radio Suffolk, who, in her own inimitable manner, held the audience in wrapt attention for over an hour.
On such occasions, a celebratory cake is an essential ingredient of the evening and it was a senior parish councillor, Gerald Taylor-Balls, chairman of the general purposes committee, which is responsible for the allotments in the parish, who was invited to make the first cut before everyone partook of some generous portions!
A SLIGHT DAMPENER ON THIS TRIP
While it is not unusual for a late call because of sudden business or health reasons, most of the 'outside lunch visits' arranged by the Mildenhall & District Probus Club go with a swing, the members with their guests not only enjoying the meal and company but the delights of a little journey round various parts of East Anglia.
In most respects, last Wednesday's trip out to the welcoming Rose Inn at Stapleford was as good, if not better, than those visits which had been made before, with excellent food and wine ensuring that the happy company went home, more than satisfied with organiser Mike Philcox's efforts – not least those who gained some of the dozen raffle prizes!
PARTNERSHIPS FUNDING WITHDRAWN
Members of the Mildenhall Community Partnership were saddened at last week's meeting of the Steering Committee to learn from their chairman, David Wheeler that their annual grant from Forest Heath District Council has been withdrawn, with clear consequences very likely.
But the chairman was also able to announce that MCP officers believe that the group will be able to continue its work e.g. producing the quarterly magazine, Mildenhall Messenger, giving grants to appropriate bodies, continuing with 'Mildenahll in Bloom' for the next 12 months, during which time other funding methods will be sought.
AWARD FOR 'BREAKING NEW GROUND'
Members of the countryside support group, 'Breaking New Ground' which earlier this year in effect superseded the rather wider former Brecks Partnership, were delighted at their recent meeting, held at the Stanton Downham offices of the Forestry Commission, Near Brandon, to learn that their application for Lottery Funding had been successful.
They have been awarded a sum of £1.46 million, as part of a larger scheme which will enable the group, after the formalities have been completed, to give awards to local projects which will enhance the local area.
GOOD YEAR FOR THE MILDENHALL TWINNERS
The annual meeting of the Mildenhall and District Town Twinning association, held in the chairman's Folly Road home last week, was a considerable success, not least because of the number of pleasing activities in which the group participated during the past year 2013/2014.
Chairman Tony Bristow, re-elected as was the secretary (Mrs Grace Bristow MBE) and the hon treasurer Mr Andrew Severy was able to report that every event planned for the past 12 months had been undertaken very successfully – and not only in financial terms! Starting with the trip to Luc-Sur-Mer (Normandy) for the joint 20th anniversary twinning celebrations, the programme had clearly brought together many Francophiles, even though supporters do not have to speak French, nor travel to France!
MDTTA takes its own 'social events' i.e. the splendid Social Quiz evenings around village halls like Barton Mills and Freckenham, while still supporting fully the July event 'Lark in the Park' and the regular 'organisations day' arranged by Mildenhall parish council in September.
The August Car Boot Sale held at Barton Mills was also a great success, as was the pre Christmas luncheon at the Bell Hotel.
Another well attended event was the annual Chairman's Garden Party, where awards for French prizes are handed out to local schools.
But the group will not be resting on its laurels, for while confirming that annual subscriptions should not be amended for this coming year, members also agreed that the secretary and new committee should carefully sieve through the list of past known supporters to ensure that they also be invited to give help ready for any future eventuality.
They will also investigate possible outside trips, such as to Thursford.
JOHN BARKER

FIRED UP: Vinnie Jones with friends at the shoot in Six Mile Bottom.
Below: He lines up his shot

Pictures by Chris Bourchier

Vinnie takes aim at Six Mile Bottom shoot

VINNIE Jones was spotted wielding a shooter near Newmarket – but there was no need to run for cover.

The former football hardman turned Hollywood actor was enjoying a steak dinner and a clay pigeon shoot at his friend's pub in Six Mile Bottom.

The *Lock, Stock and Two Smoking Barrels* star was joined by 30 of his close pals – but sadly not Brad Pitt and Guy Ritchie, who had to turn down Vinnie's invitation.

But the actor and former Welsh international defender had a "real blast" and was pictured laughing and joking with friends at the shoot on Thursday, after hot-footing it from filming in Wales.

After the shoot, the group of "old pals" headed off to the restaurant Clicks in the Green Man where Vinnie tucked into a big steak.

The pub was taken over in 2006 by Richard Clarke, who is the former gamekeeper at the village shoot.

He said: "Vinnie was over from LA and has been filming in Cardiff for the pilot of an American comedy which is a lampoon of Sir Galahad called *Galavant*.

"I went to Cardiff to see him and we arranged a get together with some old pals. There were about 30 of us on the shoot and then we all went back to the pub and had steak.

"We had a real blast."

Stadium noise: Fight is not over

■ LIZZY BUCHAN

OWNERS of a motorsports stadium which has been subject to a lengthy legal battle over noise have vowed to take the case to Parliament.

The Supreme Court allowed an appeal last month by Katherine Lawrence and Raymond Shields for compensation for the noise they suffered at their home at Fenland, Cooks Drove, in West Row, which is just 560 metres from Mildenhall Stadium, home of the Fen Tigers speedway team.

Now stadium owners RDC promotions said it will petition Parliament to intervene in the case to protect the future of Mildenhall Stadium and other sporting venues around the country.

In a statement the firm said: "Not only are we calling on the Government to intervene in this case to ensure stockcar and speedway continues at Mildenhall Stadium as it has done since 1975 but we want to change the law in this country.

"We are calling on the Government to establish in statute that a person coming to an area should accept the existing activity taking place as the character of the area if it is operating legally and has already been granted planning permission.

"In short not only do we want to protect the future of Mildenhall Stadium and RDC Promotions but we want to ensure this does not happen to any other establish sporting or leisure venue in this country ever again.

"Our fight will be an incredibly hard one and to get Parliament to change the law will be no easy task and only with the support of everyone connected to our sport will we stand a chance."

Ms Lawrence and Mr Shields lived at the property between January 2006 and May 2010. They claimed to have no idea they were moving near the stadium when they bought their home.

Their victory is the latest in a long-running saga which saw the couple awarded £20,000 in damages from the stadium by the High Court in 2011, stripped of the award by the Appeal Court in 2012, and then rewarded the £20,000 damages last month.

Costs will be awarded in the Supreme Court on May 15.

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Deaths

FINNEMORE
Peace
(Formerly Hare)

Passed peacefully away on Saturday, 15th March, 2014, aged 94 years. Much loved mother of Josephine, Pauline, Mary, Robin, Caroline and the late Trevor, a dear nana and great-nana, who will be sadly missed. Funeral service to be held at The West Suffolk Crematorium, Bury St Edmunds, on Wednesday, 2nd April, at 3.00pm. Flowers, if desired, or donations may be made payable to The British Heart Foundation, c/o Southgate of Newmarket Funeral Directors, 25 Duchess Drive, Newmarket. CB8 8AG.

HINDLE
Joyce Lola

Passed away peacefully at home on Saturday, 22nd March, 2014, aged 87 years. Most beloved wife of the late Jack, mother of Nenette and Monique, mother in-law to Will, sister of Barbara and Alvin, nanna, great-nanna and special friend to many. Much loved and forever in our thoughts and prayers. Funeral service will be held at St Mary's Church, Burwell on Friday, 4th April, at 2.00pm, followed by interment. Family flowers only however donations if desired may be made payable to either The Alzheimer's Society or The Royal British Legion and sent to Southgate of Newmarket Funeral Directors, 25 Duchess Drive, Newmarket, CB8 8AG.

Deaths

ROOK
Gordon

of Chevington Suffolk and formerly St Neots, passed peacefully away on Wednesday, 19th March, 2014, aged 77 years. Much loved husband of Penny, a dear father of Louise and Matthew and grandfather to Charlotte, Saskia and Francesca. Funeral service to be held at All Saints Church Chevington on Thursday, 3rd April, at 1.00pm, followed by cremation. Family flowers only please but if desired donations may be made payable to either The West Suffolk Hospital Oncology Dept or The Brooke (charity for healthy working animals), c/o Southgate of Newmarket Funeral Directors, 25 Duchess Drive, Newmarket CB8 8AG

Mothers Day Greetings

DEBRA Sutherland Happy Mothers Day to the most wonderful mum ! We are grateful for everything you do and we love you more than anything in the world, your girls ! Limara, Leeanne and Courtney xxx

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BOXING CLEVER: Bronze statues of hares are surrounded by daffodils

Spring arrives in Chippenham Park

DAFFODILS have sprung up all over the gardens of an historic estate, which has been opening its gates to the public throughout March for the first time.

The award-winning Chippenham Park estate decided to open the gardens to the public throughout March following the success of the snowdrop weekends in February.

Chippenham Park owner Hugo Nicolle snapped this striking image of bronze statues of hares boxing in the long grass beside the stream.

The 300-acre parks and gardens are peppered with crocuses, daffodils and hellebores.

Chippenham Park Gardens will be open this coming Sunday from 10am to 5pm. Entry costs £5 per adult while children can go for free.

For information go to *www.chippenhamparkgardens.info* or call the office on (01638) 721416.

Improve standards, DfE tells academy

■ **LIZZY BUCHAN**

AN ACADEMY chain supporting Mildenhall College Academy (MCA) has been banned from taking on any more schools until results are improved – according to the Department for Education (DfE).

The Academy Transformation Trust (ATT), which is the sponsor for 16 academies, was among 14 academy sponsors to be restricted from taking on any more schools by the DfE.

Answering a parliamentary question, education minister Edward Timpson said the DfE had taken action to ensure the academy chains focus on improving results.

Ian Cleland, chief executive of ATT, said: "We are committed to transforming the learning opportunities and aspirations for all our pupils who are at the heart of everything we do.

"Following discussions with DfE in autumn last year, we have focused our expertise and time on consolidating our 16 academies.

"We look forward to seeing rapid improvement across all our academies and are expecting this to be reflected in the Summer's SATs, GCSE and A-level results."

Susan Byles MCA principal said it has seen a "significant" level of improvement since becoming an academy.

She said: "Since our conversion to an academy, I have worked closely with our sponsor Academy Transformation Trust, whose support has played a significant role in helping to drive up standards and change the climate and culture for learning at the academy.

"The levels of improvement that have taken place at MCA in its first eight months have been significant – not least the growth in the quality of our teaching being judged good or outstanding increasing to 86 per cent, the best it's ever been."

Results are expected to improve, as the college is hoping to meet its 52 per cent GCSE pass rate target for five A*-C grades.

Museum needs you for war exhibit

DO YOU have any pictures of men who fought in the First World War for a museum exhibition commemorating the centenary?

Mildenhall and District Museum is putting together a memorial presentation with war poetry and publications from the Great War and are looking for pictures of local men who went to fight.

A spokeswoman for the museum said: "Most people will be aware it is 100 years since the start of the World War 1.

"We want to hear from you if you have any photographs of local men who went off to the trenches, particularly, but not exclusively, from the old Mildenhall parish – which includes West Row, Holywell Row, Beck Row and Kenny Hill.

"Any stories or anecdotes you may have relating to life in the trenches will also be a valuable contribution adding local colour."

The musuem also hopes to produce a DVD which would go on sale in the shop.

If you have anything you think may be useful please call (01638) 716970 or email *info@mildenhallmuseum.co.uk* and put WW1 in the subject box.

Mildenhall Museum, in King Street, reopened to the public after its winter break on March 1.

Entrance is free and there is a thriving museum society which offers monthly lectures.

For more information and opening times go to www.mildenhallmuseum.co.uk/.

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Green living
Visit Homes & Gardens at newmarket-news.co.uk

The Pogues confirmed for concert in the forest

FOREST DATE: The Pogues

CELTIC punk legends The Pogues are the latest act to be announced for this summer's Forest Live concert series in Thetford Forest.

The seven-piece will perform in the woodland setting on June 14, as part of the Forestry Commission's concert series, which raises money to improve local forests for people and wildlife.

Notorious frontman Shane MacGowan will lead the band in their first performance in the East Anglian region in well over a decade.

The band will join a stellar lineup, which includes performances from Boyzone, soprano Katherine Jenkins, Suede and Scottish pop band Deacon Blue.

Forest Live is an independent programme organised by the Forestry Commission bringing music to new audiences without commercial branding or sponsorship.

Tickets cost £41.25 including a booking fee and will go on sale at 9am on Friday, March 28. Call 03000 680400 or visit *www.forestry.gov.uk/music*.

Pictures by Louise Cohen

Foaling around at the National Stud

LIZZY BUCHAN makes some new friends on a tour of the National Stud

TUCKED away on the racecourse side of Newmarket, you could almost be forgiven for missing the National Stud.

But behind the striking iron gates lies 500 acres of stud farm which has been home to some of the sport's most famous stallions.

As a newcomer to racing and all it entails, the breeding industry is cloaked in mystery to me and so I tag along with guide Malcolm Roper on a whistlestop stud tour, as he cracks jokes and reels off the eye-watering fees for the stud's resident stallions.

The National Stud was founded in 1916 when Lord Waverbrook gave his bloodstock to the British Government but the operation did not move to Newmarket until 1963.

Breeding is big business and I start to realise why as the bus winds its way through the manicured paddocks – we passengers craning our necks in the hope of seeing the treasure of the moment... Frankel's first foal.

As we push and shove at the edge of the paddock I catch a glimpse of the famous filly, recognisable by her white blaze.

Nearby we stop to pay our respects to the graves of famous racehorses.

The resting place of champion thoroughbred Mill Reef is a popular pilgirmage spot for equine enthusiasts, Malcolm tells me.

He says: "Every year on the anniversary of his death a woman comes and lays flowers and says prayers for him. She once told me she loved him more than her husband."

MR KNOWLEDGE: Lizzy chats to tour guide Malcolm Roper

He laughs to himself but I am not sure he is really joking. From here we visit the magnificent stallions in their paddocks – Bahamian Bounty, Dick Turpin and Pastoral Pursuits.

I take a particular shine to Dick Turpin, a stunning 7-year-old who commands a fee of £4,000 a time.

The stallions can each cover up to 100 mares a year, which takes place in the covering unit under the watchful eye of stud staff.

We all shuffle into the covering shed where Malcolm proceeds to run through what seems to me to be a distinctly unromantic process.

Once a carefully selected mare is declared ready by a vet she is brought to meet her mate, often with her foal who will be kept in sight.

She is dressed in a leather cape to protect her and a pair of boots to prevent her from kicking the valuable stallions.

A teaser stallion is brought in to get the mare 'in the mood' before being booted out in time for the main event. Afterwards they go their separate ways, unless the mare is not tested in foal in which case she will return to the stud.

Reeling from all this information, I hop on the bus in seach of some foals.

Unfortunately the foaling unit is empty when we pass by but the beautiful building hosts 25 boxes for expectant mares who are kept under 24 hour supervision by staff.

But in a nearby paddock I strike lucky as there are two darling foals who are no more than four weeks old.

As they chase around, knocking into their mothers' knees in the weak spring sunshine, I wonder whether I am looking at some of the equine stars of tomorrow.

■ Tours run twice daily at 11.15am and 2pm until September 30.

Tickets range from £6 to £10. Call (01638) 666789 or email tours@nationalstud.co.uk.

Did you know ...

■ There are nine different yards at the National Stud, which are kept separate to prevent the spread of any infectious diseases.

The yards are named after famous people from racing's past, including Bunbury after Sir Charles Bunbury who lost a coin toss with the 12th Earl of Derby on who should have a new race named in their honour.

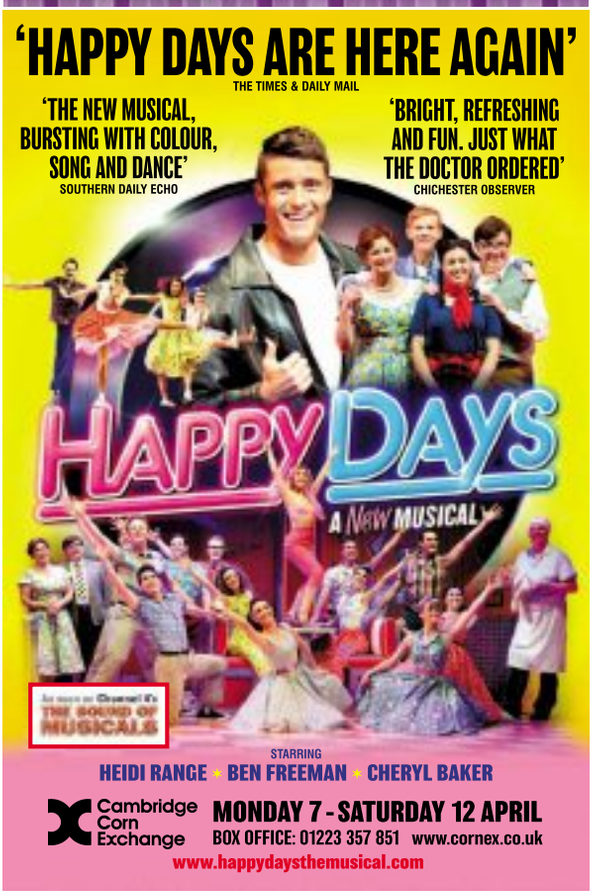
■ The Newmarket Town Plate amateur race is run along the edge of the National Stud grounds.

First established in 1664 by King Charles II, the three-mile six furlong race carries a prestigious prize – of a box of Newmarket pork sausages.

■ The foaling unit at the National Stud saw 139 foals born last year.

The first foal this year was born on January 12. Frankel's first filly foal, which was born out of Song, was born on January 19.

■ Famous stallions who resided at the National Stud include Mill Reef, Never Say Die, Silver Patriach which won the St Leger and 1967 Derby winner Royal Palace.



Construction begins on bungalows

FOUR new bungalows are being built to provide "a better quality of life" for people with disabilities.

Work is now underway on the two-bedroom properties in Freshfields, Newmarket, which are being developed by Flagship housing and Suffolk County Council.

The properties, which are being built on the site of a former garage, will be rented with help from the council to deliver 24-hour support to residents.

Cllr Alan Murray, Suffolk County Council's cabinet member for health and adult care, said: "Providing fit-for-purpose homes which enable people with complex learning difficulties is vital in helping them to live independent and fulfilling lives.

"The impact of this partnership and provision of supported housing helps deliver on our intent to provide a better quality of life for these people."

The £650,000 project is due to be completed in November.

Report moots US air base closure

LIZZY BUCHAN

THE FUTURE of RAF Lakenheath is up in the air as a report commissioned by the US Government has recommended it for closure.

The report, by thinktank RAND Corporation, has suggested a range of cost-cutting measures in Europe to the US Department of Defense, including the closure of the US Air Force (USAF) base which has been operating at Lakenheath for more than 70 years.

Another option is moving the resident 48th Fighter Wing squadron to another base and keeping RAF Lakenheath as an intelligence and communications centre.

RAND's report is part of the US Department of Defense's ongoing European Infrastructure Consolidation (EIC) review which could see swingeing cuts across the USAF's European operation.

CLOSURE? The main gate at RAF Lakenheath

In its current state RAF Lakenheath costs the USAF around $211 million per year to run.

The report also suggests relocating some forces from nearby RAF Mildenhall. The base would remain operational

RAF Lakenheath and RAF Mildenhall contribute an estimated £500 million annually to the local economy.

Cllr James Waters, leader of Forest Heath District Council, said: "Changes do raise concern because so many local people are involved with the bases, but nothing is definite and we will deal with it if it happens.

"Our role is to drive economic growth and create resilience to help meet changes, so we will work alongside the bases to understand how we can help to develop new opportunities."

A spokesperson for RAF Lakenheath said they were unable to comment on the report at this stage.

Man exposed himself to teenage girls

A MAN dropped his trousers and committed a "lewd act" in front of three teenage girls in Mildenhall.

Police are appealing for information after the man indecently exposed himself to the girls at around 4.45pm on Monday, March 17 in College Heath Road, close to Hornbeam Road.

A spokesman for Suffolk Constabulary said: "The girls had been waiting in the road when they became aware of a man who had been stood on the opposite side of the road for around half an hour.

"The man then dropped his trousers and committed a lewd act, at which point the girls screamed and he ran away."

The man is described as white, aged in his late 20s to early 30s, wearing a black hooded top, black beanie hat, black tracksuit bottoms with white stripes down the side and white trainers.

Anyone with information about this incident is asked to contact PC Ben Richardson at Mildenhall Police Station on 101 or Crimestoppers anonymously on 0800 555 111.

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MP welcomes the closure of tax loophole

LIZZY BUCHAN

A LOOPHOLE allowing offshore bookmakers to avoid paying taxes was closed last week's budget announcement – to the delight of Newmarket's MP.

Matthew Hancock, MP for West Suffolk, said the move would provide "a bright future" for the horse racing industry following the budget speech by Chancellor George Osborne.

This loophole previously allowed large bookmakers to avoid tax, UK consumer regulations and the levy payments by operating their online businesses from offshore, according to Mr Hancock.

The Chancellor also pledged to look to introduce 'Racing Right', a legally binding basis for a future commercial funding agreement between racing and the gambling industry.

Mr Hancock said: "I am delighted at the announcement, which is a big step towards fair funding for racing.

"A Racing Right represents the Holy Grail of fair funding arrangements for racing and gambling. Most important of all, it would create a level playing field and a sustainable future for Britain's second most popular sport.

"The Government is clearly listening to the voice of the sport, to secure future finances, and ultimately find a solid foundation for a proper commercial relationship between racing and bookmakers which, after all, depend on one another.

"This news provides a bright future for Britain's sport of kings."

Bookmakers were also hit with a higher tax rate on fixed odds gaming machines, leaving the industry reeling as share prices fell for Ladbrokes and William Hill.

A spokesman for William Hill, which has a branch in Newmarket's High Street, said the announcement was "yet more taxes on an already heavily taxed industry".

ARE YOU SCARED?: Diana Knight with her dinosaurs before the 2010 scarecrow festival. Picture by Keith Jones

Scarecrow festival back in business

A RECORD-breaking scarecrow festival is returning this year to astonish passersby with its wild and wacky creations.

After a four-year hiatus, the Barton Mills Scarecrow Festival is back with a theme of "famous characters" – real and fictional – so start racking your brains.

The Barton Mills Scarecrow Festival made the Guiness Book of Records in 1999 for the most number of scarecrows in one place, with a whopping 761 handmade scarecrows cropping up around the village.

John Berrett, one of the organisers of the scarecrow festival said: "The village of Barton Mills has again decided to hold its famous Scarecrow Festival in June this year, after a gap of four years.

"In addition, there will be a whole raft of activities over that weekend: craft stalls and refreshments on the green, various activities, including a Gruffalo trail at The Manor, and an exciting Pedal Car Time Trial event for different age groups, held in The Street.

"The young people of the village are particularly involved in organising and running that event.

"On Saturday evening there will be a BBQ and live music on the Green, and on Sunday "Songs of Praise" at the church."

Money raised at the event will be donated to the Church Preservation Trust and various other local charities.

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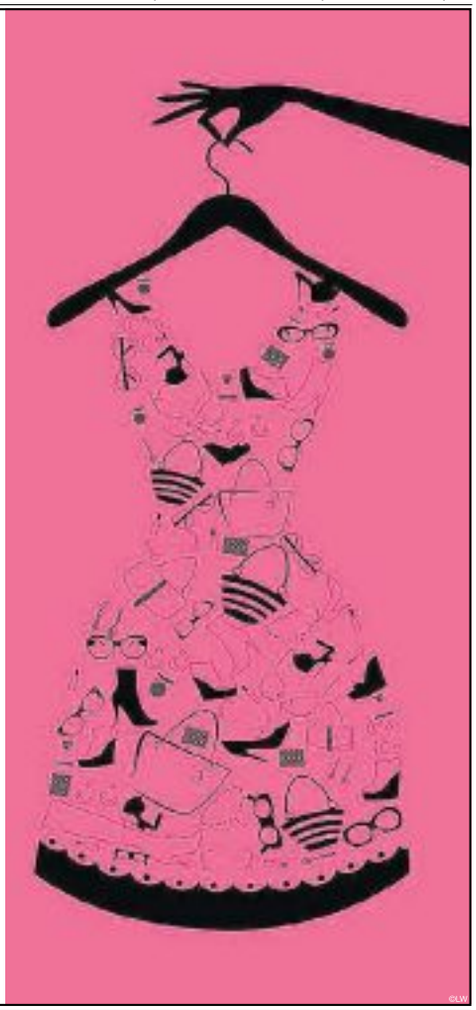

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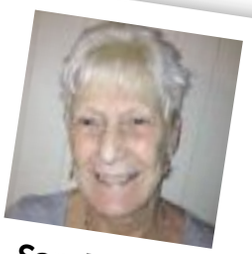

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NATIONAL BUTCHERS WEEK

March 24th-30th

The seventh National Butchers' Week, which takes place between Monday, March 24th, and Sunday, March 30th is in full swing. The focus of this year's campaign is to promote the skills of butchers throughout the UK by making the week exciting and by setting up various activities that get people more involved with their butchers.

If you need any meat advice, the best person to ask is your local butcher. They can tell you about all the different cuts of meat and the best ways of cooking it. Some may even be able to provide some recipes. The annual event will also be highlighting the unique service provided by butcher's shops including their many unusual, exciting and often cheap cuts of meat which people simply can't find in their local supermarket, as well as showing customers how to cook them and by the sound of a recent National Butchers Week survey, we could do with the advice! Two out of ten Britons interviewed thought that tofu was meat-based - while three out of ten admitted to having no idea how long it takes to cook a chicken.

Unsurprisingly over half of 18-24 year olds were found to have no knowledge on how to cook a Sunday Roast. Great news, then, that in 2014 the week will encourage butchers to focus on making themselves more visible to the younger age group.

Not surprisingly we have some great butchers in and surrounding Newmarket. Eric Tennant family and catering butcher has had a butchers shop in Newmarket for 27 years. Eric Tennant has been trading since 1985 and has established a strong reputation amongst their retail and catering customers for excellent quality meat. They are also a stockist of the famous Musks Newmarket Sausage.

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A CUT ABOVE: From left, Laura Christopher with model and Victoria Farrow with model at the Association of Hairdressers and Therapists national competition at Blackpool Winter Gardens

Hairdressing student snips up prize

A YOUNG hairdresser has proven she is a cut above the competition by scoring second place in a prestigious national competition.

Laura Christopher, from Newmarket, came second in the Avant Garde category at the national finals of the Association of Hairdressers and Therapists (AHT) competition on March 17.

The 25-year-old, who works at Hairkandi in All Saints Road, was one of three West Suffolk College (WSC) students in the finals at the Blackpool Winter Gardens.

Tracey Marshall, WSC head of hairdressing said it was an "amazing achievement".

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Why I'm going for gold

SIGHTS ON RIO: If you don't try you will never succeed, says Claire Connon

When budding rower Claire Connon was diagnosed with a rare and life-limiting condition, she thought she'd never pick up an oar again. Nine years on, the 28-year-old has her sights set on Rio 2016. She tells her story to LYDIA FALLON.

OUT on the water is where Claire Connon feels most at home.

Rowing down the River Cam as the sun begins to rise; wind in her hair and a smile on her face, the 28-year-old feels truly alive. It's where she is supposed to be. "It feels like the most natural place for me to be," muses Claire when we meet at her Cambridge home. "It's where I belong and what I should be doing – I just love it."

Rowing is Claire's life; she lives and breathes the sport, every day getting up at the crack of dawn to snatch just a few moments on the water – "my friends and family think I'm mad," she laughs.

Mad? Maybe. Inspiring? Definitely. The fact Claire's even in a boat at all is a miracle, considering just a few years ago it seemed like an improbable dream.

Diagnosed with a rare condition called Ehlers-Danlos syndrome when she was in her second year studying geography at Cambridge University, Claire now uses a wheelchair and has to take all her food through a tube. Every day is a struggle, but Claire was not prepared to give up the thing she loves most. "Even though I couldn't walk or eat, the only thing I was really bothered about was the fact I couldn't row," says Claire. "My mum wanted to throw away some of my old rowing kit and I said no, I couldn't come to terms with the fact I couldn't row.

"I felt like if I gave those things up, it would be admitting that I wasn't going back to rowing and that wasn't something I was prepared to do."

And she didn't.

In 2012 Claire started para-rowing and hasn't looked back since. She now has her sights firmly set on following in the footsteps of her heroes and competing at the Rio Para-lympics in 2016. "I sit and watch the Paralympics and think I want to be on that podium one of these days," Claire smiles.

"I was at Eton Dorney in 2012 and it was amazing, but all I kept thinking was 'I want to be in that boat'. It's my ultimate ambition – I want to be the best, there's no point in aiming for anything else really, is there?"

Claire was always an active child. Growing up she signed up to any sport she could.

"I've always loved sport," she says. "I had more after-school clubs on than there were days in the week at one point. Netball, rounders, badminton, diving – whatever sport they could offer."

But it was rowing that really got her heart pumping. Claire first got involved in 2004 when she was asked to join the university boat club ("mainly because I was tall!") and was instantly hooked. It looked like she was on the path to a promising career in the sport, but when she picked up a virus out of the blue, everything changed. "I can tell you the exact moment when it happened. I was walking down Mill Road and it literally felt like someone had pulled the plug on me. All my energy suddenly went and all I could think was 'I need to get home right now'."

Claire's health started deteriorating at an alarming pace. She was determined to carry on as normal, but even performing the smallest of tasks was now proving to be the ultimate struggle. She was in complete turmoil. "I was so tired all the time and had a lot of joint pain," Claire remembers, describing some of her symptoms.

"It was a fatigue I'd never experienced before; it wasn't like you'd just worked really hard, it was never-ending, almost like a climbing through treacle sensation.

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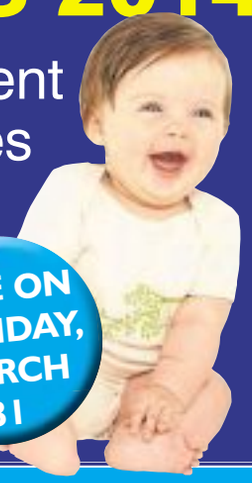

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"No matter how hard you tried, you still couldn't get anywhere. I would fall asleep at my desk because even the gap between my desk and my bed was too much – I was so weak.

"I was forced to give up rowing and spent several months getting a lot worse. My knees kept buckling and I ended up on crutches and then eventually a wheelchair."

Claire's mobility wasn't the only thing to suffer; she soon started developing severe problems with her gastric system too. "I was throwing up after every meal; I would even throw up my evening meal at breakfast the next morning," says Claire. "It got to a point where I couldn't really eat at all."

Claire had expected her time at university to be one of the best experiences of her life, but, in fact, it was turning into a nightmare. How did she stay strong? "I've always tried to be positive person and sitting in bed moping all day isn't going to change anything," says Claire.

"All I knew was that I wanted to finish my degree, so that's all I focused on and I didn't have time to freak out about being ill.

"The university wanted to give me an unclassified mark but I said no, I wanted to stay on and finish my degree, regardless of whatever classification I could get. I worked half an hour on, and half an hour off, through my exam period and pretty much survived them by living on Haribo and Lucozade. I just needed enough sugar to keep me awake. "

Doctors had initially diagnosed Claire with ME, but her symptoms didn't seem to quite add up. "I had more and more symptoms that didn't fit their diagnosis and after joining an ME charity for young people, we discovered there was a group of us who all had very similar symptoms," Claire explains.

"After five years of misdiagnosis I persuaded my GP to send me to a doctor in London who specialised in a condition called Ehlers-Danlos syndrome (EDS), and he took one look at me and said 'why has it taken so long for someone to work this out? It's so obvious'."

EDS is a rare genetic condition which affects the connective tissue in the body. Notoriously hard to diagnose; typical symptoms include stretchy skin, loose joints and extremely fragile body tissues, not to mention chronic and excruciating pain. Misdiagnosed and often misunderstood by the medical community, Claire believes she's actually suffered from EDS since childhood. "I'd had problems with my joints since I was tiny and always had lots of strains and sprains. Doctors just assumed I had weak joints because of all the diving and gymnastics. But I do remember one time being sent home from school because my knees had locked and I couldn't walk, so it was always there lurking."

After so long spent searching in vain for the correct diagnosis, Claire admits it was huge relief to finally be able to put a name to the condition. "It was like, I know you have just told me I have an incurable disease, but at least I know now and I was able to finally get the help I needed. I realised I wasn't alone anymore."

But she was still incredibly weak. Now a full-time wheelchair user and unable to keep anything she was eating down, every day was a struggle. "My eating was gradually getting worse and worse," Claire remembers. "Because of the EDS my stomach became kind of floppy and didn't have the ability to push any food through."

Claire was becoming severely malnourished, and after trying several different nutrition methods, with varying results, in 2012 doctors decided that she needed to be fed intravenously, on Total Parenteral Nutrition (TPN). It proved the turning point. "I have a little hole here," she says, tapping her heart. "And there's a devise underneath my skin which I put a needle in and connect to a bag of fluid full of glucose, vitamins, minerals – basically everything I need to keep me alive each day.

"For 12 hours every night I attach the drip bag to the device, which then infuses with my blood.

"It is hard work and a complete pain but it was the best decision I ever made," she smiles. "Right from the beginning the change in me was just fantastic; it was like I was a completely different person. My friends and family couldn't believe it, they used to see me just sleeping and barely able to function, but after starting TPN I finally found the energy I had before I was ill."

After discovering a local adaptive rowing club, Claire even felt well enough to return to the water. It proved to be a life-changing decision. "I discovered I was actually quite good at it. In fact, I was a much better adaptive rower than I had ever been as an able-bodied rower!"

'Quite good' may be a slight understatement. Within six weeks of taking up the sport again, Claire entered her first para-rowing competition. It was a success, in fact, a huge success. "I won my first adaptive race in Wales," she smiles proudly. "It was fantastic, I was so happy. I was absolutely knackered most of the time too but I loved being back.

"I realised rowing made me so much calmer and less stressed; you don't have to worry about anything else – you are just there to row and can ignore the rest of the world."

That race in Wales was just the start. Over the last two years, Claire's para-rowing career has gone from strength to strength. She now trains at least 10 times a week, lifts weights close to those re-quired of the able-bodied GB athletes and now has her sights firmly set on the ultimate goal; to break new medical, scientific and sporting grounds by becoming the first intravenously-fed athlete to compete at a Paralympics. It's awe-inspiring stuff.

In her darkest hours, when rowing seemed a distant memory, could Claire ever have imagined she'd be back competing against the world's best? "Never," she laughs. "It's like I've almost come full circle. I've been to hell but finally got back.

"When I was diagnosed I was completely written off, I was told I'd never make anything of myself, but one of my favourite quotes is 'If they tell you what you want to do is impossible, they don't know you'.

"If you don't try, you will never succeed."

Claire is fundraising to buy her own adaptive rowing boat and move a step closer to her Rio dream. To sponsor her, visit *makeachamp.com/claireconnon.*

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Zahida offers top cosmetic options

WITH 17 years of aesthetic clinic practice experience, Zahida Butt is delighted to have now opened a clinic where she can offer her services to the people of Newmarket.

The consultant ophthalmic and ocular plastic surgeon is keen to provide a service to the local population. Her treatments – which she takes pride in carrying out herself, to ensure the highest possible standard of service – include popular choices like botox, fillers, non-surgical thread lifts, facial peels and more. The 'vampire' face lift will naturally retune your face, giving a lovely dewy radience and softening lines. This natural rejuvenative process uses your own blood products, so adverse reactions are extremely unlikely.

As well as this range of non-surgical treatments, all available in the new Newmarket clinic, Zahida also offers consultations in Newmarket for surgical procedures such as blepharoplasty (a surgical treatment to remove excess skin from upper and lower eyelids). A firm believer in making use of hospitals for surgical treatments, to once again ensure a rigorously high standard, you can again get all the aftercare back in the town's clinic.

STANDARDS: Zahida Butt of The Cosmetic Clinic

Since the Newmarket clinic opened at the beginning of March – joining successful clinics that Zahida already runs in Kings Lynn, Peterborough and Norwich – enquiries have already been coming in. For those looking for a cosmetic treatment of the highest possible standard, coupled with excellent personal service from a qualified practitioner and the utmost privacy and discretion, then The Cosmetic Clinic comes highly recommended.

Find out more about their work at *ukcosmeticclinic.com*, telephone the clinic on (01553) 692531 or email *cliniccosmetic@aol.co.uk*.

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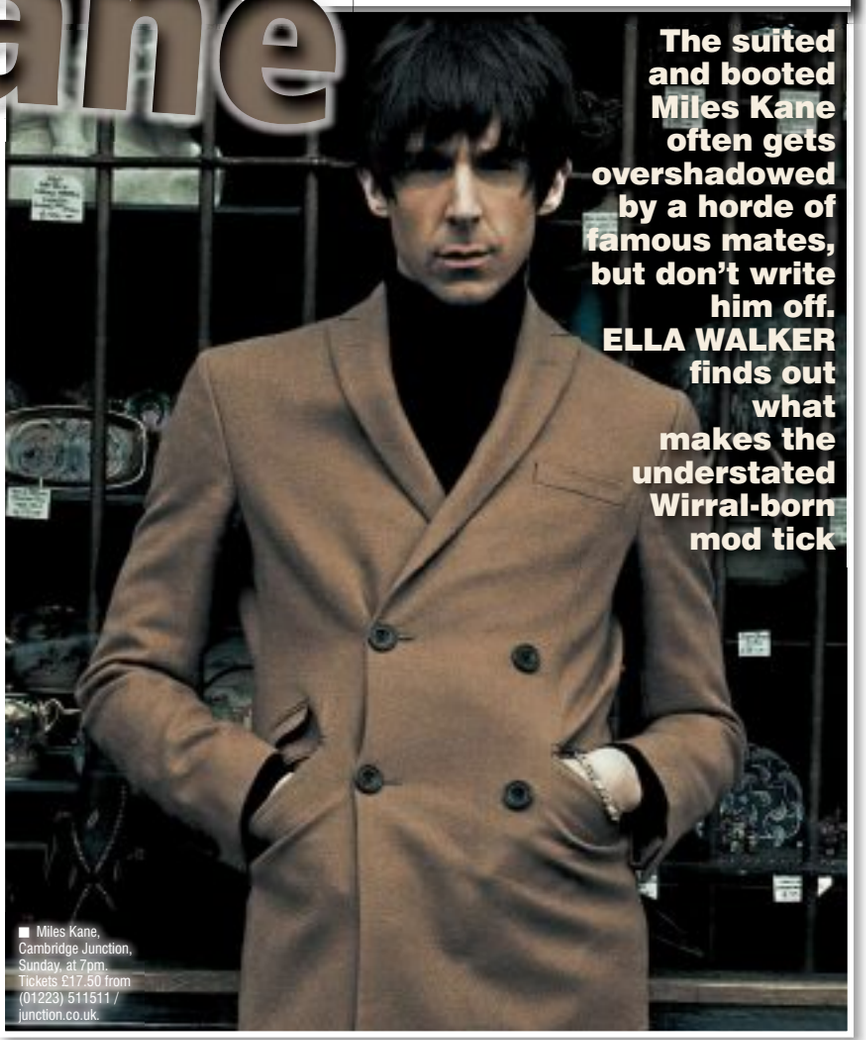
Leisure or events news? e-mail **lizzy.buchan@cambridge-news.co.uk** phone **01638 662581**

the GUIDE

Miles Kane

The suited and booted Miles Kane often gets overshadowed by a horde of famous mates, but don't write him off. ELLA WALKER finds out what makes the understated Wirral-born mod tick



Miles Kane, Cambridge Junction, Sunday, at 7pm. Tickets £17.50 from (01223) 511511 / junction.co.uk.

HE'S got some voice, Miles Kane. And I'm not talking about the raw, 60s dart that shoots through his music.

I'm talking about the Merseyside lilt that laconically unspools down the phone line... It's much too seductive for a grey Wednesday morning, and smacks brilliantly of too many cigarettes and too much dancing (if such a thing exists).

The thing is, the achingly cool 27-year-old (28 this month), often has his voice overlooked in the race to detail a lengthy list of famous mates and stunning ex-girlfriends. It can't be helped, the boy swirls in the slickest of suits, in the smartest of circles.

It all started for him with short-lived indie outfit, The Little Flames, before he swiftly moved onto fronting The Rascals, showcasing a serious knack for playing the guitar and rasping out some rock-laced vocals. After they disbanded in 2009, Kane teamed up with good friend Alex 'Arctic Monkeys' Turner to form the chart topping, Mercury Music Prize-nominated, The Last Shadow Puppets. And now? Well, he's doing quite all right on his own thank you very much (don't fret though, Shadow Puppet fans, he did half-promise: "I'm sure one day we'll reconvene").

"I think you always want more don't you?" he says bluntly when asked what he thinks of the reaction to his solo efforts so far; his 2011 debut, *Colour of The Trap*, and 2013's brash, rollicking, *Don't Forget Who You Are*. "That's a good thing because it keeps you hungry and it keeps you striving for the next rung on the ladder."

It's an excellent attitude to have, considering the names he's so often grouped with and compared to. From Paul Weller, who wrote and plays piano on album track *Fire in My Heart* ("He's lovely, he's a top fella and we've grown very close. I think we'll do more together,"), to Liam Gallagher and John Lennon. In an 8/10 review of *Don't Forget Who You Are*, NME said: "Kane couldn't sound more like the former Beatle if he tried." You can't even try and argue with that.

Ask Kane what his influences are now though and things get a lot more niche. Currently it's New York soul singer Charles Bradley, who plays with the Menahan Street Band (nope, us neither), and Daptone Record label producer Tommy Brenneck. "I'm loving that stuff," the Birkenhead-born musician buzzes. "They have great clobber and they sound really cool. That's what's making me tick at the moment."

Then there's the band he stumbled across on New Year's Eve: "I went to this little club in Highbury and there was this band called Telegram who were playing. They did this half hour set but it was cool.

"I think so anyway," he pauses. "I was bladdered so technically they seemed like the best band I'd ever seen at that moment in time. They were rocking."

So rocking in fact you'll hear them yourself if you get tickets to Kane's Cambridge Junction gig; he booked them as his tour support. He'll also be joined by his touring band, Jay Sharrock (drums) Ben Parsons (keys) Phill Anderson (bass) and George Moran (rhythm guitar).

Does he miss that feeling of being in a solid, permanent band, being part of a group and not having the pressure blazing all on his own name? "Definitely, I do miss it," he says, explaining how it's toughest when he's not on the road and writing (which is what he's "trying" to do when we speak a few weeks before the start of his UK tour). "The thing when you are writing is that you can't really go into the practice room and jam, like when you're in a band and have that support. But I do love doing what I'm doing and I wouldn't change it for the world. No, no."

While many bands admit touring and living on a bus for months at a time is just a tiring, faux-glamorous way of achieving chronic homesickness, Kane seems to genuinely adore it.

"I just loved being on the road," he says frankly. "If I had my way I'd just love to stay on the road. I just love playing, and I think it's playing this second record... I'm missing playing those tunes. I just feel that I'm not bored of them yet."

Between the music and a personal life that, from the outside, seems split equally between Liverpool FC and a roster of beautiful girlfriends – models Aygness Deyn and Suki Waterhouse (who he lost to Bradley Cooper) have both been charmed – the other major factor that makes Miles Kane, Miles Kane, is, of course, the clothes.

"I guess it's just a big part of me life now, I just love clothes. That's it," he admits, explaining how he now co-designs his tour outfits – slick, slim, beautifully cut and not averse to a touch of velvet; Kane is effortlessly dapper with a mod sensibility – with bespoke suit maker Ray Brown.

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The Perfect Murder

■ The Perfect Murder, Cambridge Arts Theatre, until Saturday, March 29 at 7.45pm. Tickets £15-£30 from (01223) 503333 / cambridgeartstheatre.purchase-tickets-online.co.uk

BEST known for presenting *Family Fortunes*, Les Dennis gets a touch more murderous in this adaptation of crime novelist Peter James's story.

Former scriptwriter James has merrily sold more than 15 million books (in 36 languages no less), including the Inspector Roy Grace series. But this is the first time his characters have been hewn into theatre-style shape.

Courtesy of award-winning writer Shaun McKenna, and directed by Olivier winner Ian Talbot, *The Perfect Murder* sees Victor Smiley (Dennis) and his wife Joan (Claire Goose, her off *Waking the Dead* and *Casualty*), wrangling their way through a marriage which has gone on far too long.

Victor hates Joan and is busy playing away, while Joan couldn't be more bored or irritated by him.

Bumping her off seems like a good plan. But then, as newbie Detective Constable Roy Grace finds out, nothing is quite as it seems...

James has said: "Ever since I was a small boy when my parents first took me to the theatre, I dreamed of one day having something I wrote appear on the stage, and this wonderful, extremely funny and in parts very scary adaptation of *The Perfect Murder* is truly a dream come true.

"And I do not think we could have a more perfect, murderously wonderful cast."

films

nowshowing

NEWMARKET STABLE
07756 853714
http://www.cinemaatnewmarket.org.uk
There are no films showing at this time

BURY ST EDMUNDS Cineworld
0871 200 2000
See venue for details

ABBEYGATE PICTUREHOUSE
Bury St Edmunds
08719025722
The Grand Budapest Hotel (15): Fri 12noon, 2.30, 5.45, 8.15; Sat 1.30, 4, 6.30, 9; Sun 1.30, 7.30; Mon 1.30, 5.45, 8.15; Tues 11.30am, 2, 5.15; Wed 11.30am, 2.30, 5.45, 8.15; Thu 2.30, 8.15
Labor Day (12A): Fri 11.30am, 2; Sat 1, 6; Sun 7.15; Mon 2; Tues 12.30, 7.45; Wed 11.30am, 7.45; Thu 2, 5.30
Yves Saint Laurent (15): Fri 7.45; Sat 3.30; Sun 5; Mon 7.45; Tues 3; Wed 5.15; Thu 12noon
Under The Skin (15): Fri 5.15; Sat 8.30; Sun 2.30; Mon 5.15; Tues 5.30; Wed 2; Thu 5.45
The Unknown Known (15): Tues 8
Cinderella (U): Sun 12.30
Picturehouse Pythons, Kids Club: London Animation Festival (U): Sat 11am
Toddler Time: Timmy Time (U): Tues 11.30am

CAMBRIDGE Cineworld
0871 200 2000
See venue for details

CAMBRIDGE VUE
0871 224 0240
www.myvue.com
See venue for details

CAMBRIDGE ARTS PICTUREHOUSE
0871 902 5720
Bolshoi: Marco Spada [no cert]: Sun 4
Cinderella [u]: Sun 1
NT Encore: War Horse [as live:12a]: Tues 1; Thu 8.30
Moonrise Kingdom [12a]: Wed 9

HAVERHILL ARTS CENTRE
(01440) 714140
August: Osage County (15): Mon 1.30
Inside Llewyn Davis (15): Mon 7.30
NT: War Horse (12A): Wed 7

HAVERHILL Cineworld
0871 200 2000
See venue for details

HUNTINGDON Cineworld
0871 200 2000
See venue for details

ROYSTON PICTURE PALACE
www.roystonpicturepalace.org.uk
August:Osage County (15): Fri 7.30
Moon Man (U): Sat 3
Jack Ryan (12A) Sat 7.30

ELY THE MALTINGS
(01353) 616991
www.themaltingsely.com
The Invisible Woman (12A): Sun 7.30
Bolshoi Ballet: Marco Spada (no cert): Sun 4
Philomena (12A): Mon 7.30

SAFFRON SCREEN
01799 500238
August: Osage County (15): Fri-Sat 8; Sun 5
The Lego Movie (U): Sat 3; Sun 2
Inside Llewyn Davis (15): Sun-Mon 8

film of the week

CAPTAIN AMERICA: THE WINTER SOLDIER (12A, 136 mins)

PAST and present collide in Anthony and Joe Russo's action-packed sequel to the 2011 blockbuster, which continues to expand the sprawling Marvel Comics universe.

Addressing timely concerns about unrest in the Middle East and the corruptibility of the political establishment, *Captain America: The Winter Soldier* is a bombastic, big-budget extravaganza that's every bit as entertaining as the opening chapter.

Screenwriters Christopher Markus and Stephen McFeely are duty-bound to deliver a miasma of explosive thrills, and they don't disappoint.

A crunching car chase involving S.H.I.E.L.D. director Nick Fury (Samuel L Jackson) is edge-of-the-seat stuff and a climactic showdown involving the hero and diabolical Hydra lets loose the special effects.

Amidst the death and destruction, Markus and McFeely flesh out characters and back stories, fanning an air of fear and paranoia that harks back to Cold War thrillers of a bygone military age.

The canny casting of Robert Redford in a meaty supporting role conjures fond memories of *Three Days Of The Condor*, which also explored skulduggery within the corridors of power.

Set two years after *The Avengers*, *The Winter Soldier* opens with Steve Rogers (Chris Evans) acclimatising to life in present day Washington D.C..

In his heroic guise as Captain America, he leads a daring rescue mission at sea, flanked by sexy spy Natasha Romanoff (Scarlett Johansson) and S.H.I.E.L.D.'s counter-terrorism unit.

Soon after, Nick Fury escorts Rogers into the bowels of the agency's headquarters, which houses three state-of-the-art heli-carriers. These aerial warships, codenamed Project Insight, will extinguish threats to global peace from the skies, killing terrorists before they have a chance to strike.

"I thought the punishment usually came after the crime," observes Rogers.

"We can't afford to wait that long," retorts Fury coldly.

Alexander Pierce (Redford), a senior member of S.H.I.E.L.D. and the World Security Council, echoes Fury's grave concerns.

"To build a better world, sometimes you've got to tear the old one down," he warns Rogers, who seems to be the person concerned about the moral implications of playing judge, jury and executioner with the push of a button.

There's an inescapable feeling throughout that this is an appetiser to the main course of a third film in 2016 and sure enough, the Russo brothers' picture ends with a cliffhanger.

True fan boys and girls should stay in their seats for the obligatory extra scene during the end credits that hints at the mayhem to come in next year's *The Avengers: Age Of Ultron*.

Go and grow eco

IF your planting is attracting bees, butterflies and other wildlife, your shed is devoid of pesticides and your fruit and veg are strictly organic, then you are already heading along the right road to eco-friendliness.

But follow these 10 simple tips and you could get even further, even faster.

by Hannah Stephenson

1 Plant bright flowers such as candytuft, sunflowers and marigolds, to encourage beneficial insects like ladybirds and lacewings. These will eat aphids such as blackfly, which can decimate your flowers and crops. Bluebells, cowslips, foxgloves and primroses are all wildflowers to add colour and beauty to any garden. Buy flowers that will bloom as late into the autumn as possible, to allow more beneficial bugs and bees plenty of time to pollinate.

2 Invest in a water butt. Even better, blend it in with your garden scheme by building a wooden casing around it and painting it, suggests DIY power tool experts Dremel (*www.dremel.co.uk*). Alternatively, buy an old wine barrel as an attractive alternative and customise it so you can fill a watering can. Wooden water butts need to stand above ground level, allowing the wood to breathe from beneath.

3 Create your own makeshift mulch. If you have collected leaves to make leaf mould over the years, this will act as a great mulch in spring. Alternatively, use compost, bark or garden clippings which have been shredded.

4 Consider 'companion planting' to ward off predators. Many plant combinations mask each other with scent. The smell of Tagetes (French marigolds) will deter whitefly, while garlic and other alliums have been used as companions to keep pests at bay. Trailing nasturtiums repel woolly aphids, while bugle extract repels cabbage white caterpillars. In a similar way, leeks repel carrot flies, okra shields peppers from wind, while tall crops provide a canopy for short ones, such as lettuce and spinach, which prefer partial shade in the heat.

5 Recycle everyday packaging to use in your garden. Plastic cartons which have held pre-packed veg can be adapted as seed trays, yoghurt pots which have been thoroughly cleaned can be used to raise seedlings and larger plastic bottles with the bottoms cut off can work as makeshift cloches around young vulnerable plants. Large wooden crates can be used to store fruit and veg later on in the season.

6 Set up a worm compost bin if you only have a small space, and make a home for some small, red tiger worms, which you can buy. Use a wooden box with holes and a lid for a worm compost bin., add a layer of moist, shredded newspaper and soil for their bedding, then feed them once a week with vegetable peelings wrapped in newspaper or paper towels. Every two or three months, the rich, fine compost will be ready to use.

7 Use solar power to light the path to your front door. Solar lights fixed into the ground store energy at low cost in the daytime and light the way to your front door in the dark. Cut niches into your paving stones by using a compact saw or plant them either side of your path in the garden borders.

8 Make a compost bin if you don't already have one. To make a simple wooden compost bin simply cut wooden slats to size and screw them together at right angles. Sand down any sharp edges or splintered wood, then prepare your compost by layering grass cuttings, leaves and natural waste from your kitchen (such as paper, cardboard and vegetable peelings) and turn regularly. Once the waste has rotted, it should be an ideal supply to mix with your garden top soil.

9 Charge battery-powered equipment the smart way. If your garden tools are battery-powered, bear in mind that the prices charged for electricity may vary at different times of the day and night. Once you have the details you can start saving money by charging batteries during off-peak hours. Additionally, lithium-ion batteries retain their charge even if they haven't been used for some time.

10 Minimise your non-permeable hard landscaping, such as pavers set in concrete. Create boundaries with hedging rather than fencing if you can.

puzzles

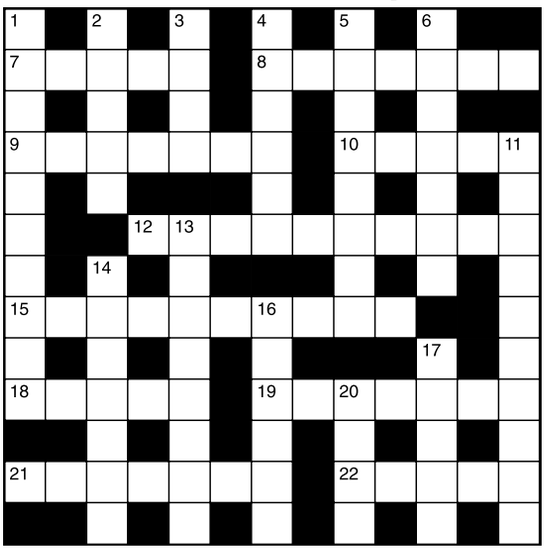
crossword

ACROSS

7. Producer of flowery notes? (5)
8. Where class divisions are evident? (7)
9. Train me in clothing (7)
10. Flowerhead of chrysanthemum, belladonna, etc (5)
12. Presage what the sun will cause in front (10)
15. Pin down language to get a cosmetic (4,6)
18. Remains for doctors to take in for example (5)
19. Remains for special study group (7)
21. Pupil is one who gets a pound in wages (7)
22. When the thing blew up? (5)

DOWN

1. Capsized because steered too sharply (10)
2. Rival after doctor in film (5)
3. The speed of a pale-faced top performer (4)
4. Twice set out to fly (6)
5. One bears them in mind, of course (8)
6. Wouldn't allow evil to get in front (7)
11. Depression caused by base liquor? (3,7)
13. Being against work on preparing for photograph (8)
14. He tackles burning issues (7)
16. Result may be a shine (6)
17. Obstacles to getting horse in ship (5)
20. Look after one's intellect (4)



Last week's answers: Across: 1 News flash; 8 Ego; 9 Second class; 11 Toppled; 12 Irene; 13 Saturn; 15 Iguana; 17 Poles; 18 Calling; 20 Intolerance; 22 Out; 23 Dispelled. Down: 2 Eve; 3 Final; 4 Accede; 5 Heading; 6 Desperation; 7 Boomerang; 10 Capital city; 11 Test pilot; 14 Resited; 16 Scales; 19 Large; 21 Cue.

sudoku

		1		5		9		
				6	9	3		7
	3	9						6
1		3			5		8	
			6		1			3
	9		2			5		4
4							3	
9	1	7	4	8		2		
		2		9	6			

Last week's answer:

9	3	6	5	1	2	7	4	8
1	7	4	9	3	8	5	2	6
5	8	2	7	4	6	3	1	9
6	2	1	4	5	3	9	8	7
7	4	3	2	8	9	6	5	1
8	5	9	1	6	7	2	3	4
4	6	5	3	9	1	8	7	2
2	1	8	6	7	5	4	9	3
3	9	7	8	2	4	1	6	5

niner

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters

1	2	3	4	5	6	7	8	9

The clues

415339	gives wine
875	gives beer
1264	gives a beer ingredient

Last week's answer:
MOUSTACHE

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the GUIDE

weekend television

SATURDAY

BBC1

6.00am Breakfast. 7.00 Live Formula 1 – Malaysian Grand Prix: Qualifying. Coverage from the Sepang International Circuit (Start-time 8.00am). **9.30 Saturday Kitchen Live. 11.00 James Martin: Home Comforts. 12.00pm Football Focus. 12.45 Saturday Sportsday. 1.00 BBC News;** Regional News; Weather. **1.15 Formula 1 – Malaysian Grand Prix: Qualifying Replay. 3.30 Reflex Celebrity Special. 4.15 Final Score. 5.15 FILM: Shrek (2001).** Animated adventure, with the voices of Mike Myers and Cameron Diaz.

6.40 **BBC News;** Regional News; Weather.

7.00 **The Voice UK.** Emma Willis and Marvin Humes present the semi-final, with performances by Enrique Iglesias and Shakira.

9.10 **The National Lottery Live.** With music by Lisa Stansfield.

9.20 **Casualty.** Former director of surgery Connie Beauchamp returns as an ED consultant.

10.10 **BBC News;** Weather.

10.30 **Match of the Day.** Including highlights of Arsenal v Manchester City; National Lottery Update.

11.55 **The Football League Show.** Including highlights of Burnley v Leicester City.

2.15am (BST) Weatherview. 2.20 BBC News.

BBC2

6.05am FILM: The Saint in New York (1938). Detective adventure, starring Louis Hayward. **7.15 FILM: The Saint Strikes Back (1939).** Detective adventure, starring George Sanders. **8.20 The Living Planet. 10.10 The Nature of Britain. 11.00 Fred Dibnah's Made in Britain. 11.30 Great British Railway Journeys. 12.00pm James Martin: Home Comforts. 12.30 Mary Berry Cooks. 1.00 The Hairy Bakers. 1.15 FILM: The 39 Steps (1935).** Alfred Hitchcock's spy thriller, starring Robert Donat. **2.40 James Mason: Talking Pictures. 3.20 FILM: North By Northwest (1959).** Hitchcock thriller, starring Cary Grant and James Mason. **5.30 Mountain Gorilla.**

6.30 **Flog It!**

7.30 **Dad's Army.** Mainwaring tackles a suspected terrorist.

8.00 **The Perfect Morecambe & Wise.**

8.30 **The Plantagenets.** Robert Bartlett examines how the dynasty fought to win back land in France.

9.30 **QI.**

10.00 **Stewart Lee's Comedy Vehicle.**

10.30 **FILM: We Need to Talk About Kevin (2011).** Premiere. Drama, starring Tilda Swinton.

12.15am FILM: I Am Love (2009). Drama, starring Tilda Swinton. **3.10 (BST) This Is BBC2.**

ITV

6.00am CITV. 9.25 ITV News. 9.30 Murder, She Wrote. 10.25 Dinner Date. 11.25 ITV News and Weather; Weather. **11.35 The Crocodile Hunter Diaries. 12.05pm The Unforgettable Gordon Jackson. 12.35 FILM: Junior (1994).** Comedy, starring Arnold Schwarzenegger. **2.35 The Chase. 3.35 Midsomer Murders. 5.30 ITV News Anglia;** Weather. **5.45 ITV News and Weather.**

6.00 **You've Been Framed! Top 100 Shockers.** Memorable videos not for the faint-hearted, with Harry Hill.

7.00 **Ant & Dec's Saturday Night Takeaway.** The Geordie duo take control of Peter Andre in I'm a Celebrity Get Out of Me Ear and Little Ant and Dec talk politics with London Mayor Boris Johnson.

8.25 **The Cube.** A police officer takes part.

9.25 **Law & Order: UK.** A skeleton is found in the boot of a car.

10.25 **The Americans.** The spies infiltrate a military contractor's facility.

11.25 **ITV News and Weather;** Weather.

11.40 **Through the Keyhole.** Eamonn Holmes and Martine McCutcheon join Dave Berry on the panel.

12.35am Jackpot247. 4.00 (BST) In Plain Sight. 4.40 ITV Nightscreen.

CHANNEL 4

6.10am The Hoobs. 6.35 The Grid. 7.00 Trans World Sport. 8.00 The Morning Line. 9.00 Everybody Loves Raymond. 9.30 Frasier. 9.55 The Big Bang Theory. 10.50 How I Met Your Mother. 11.40 The Simpsons. 12.40pm Undercover Boss USA. 1.40 Channel 4 Racing. Live coverage of races from Doncaster and Kempton Park. **4.20 Come Dine with Me. 5.50 Channel 4 Racing: The Dubai World Cup.** Live coverage of the lucrative horse race from Meydan Racecourse.

6.35 **Channel 4 News.**

7.05 **Marvel's Agents of SHIELD.** The team boards a mystery train heading for certain destruction.

8.00 **Hostages.** Brian decides to go to the police and Duncan makes a decision he will bitterly regret.

9.00 **FILM: The Mechanic (2011).** A solitary hitman teaches his murdered mentor's son the tricks of the trade so they can join forces to seek vengeance. Action thriller remake, starring Jason Statham and Ben Foster.

10.45 **FILM: Beverly Hills Cop III (1994).** Comedy adventure sequel, starring Eddie Murphy.

12.50am FILM: Notorious (2009). Biopic of Notorious B.I.G., starring Jamal Woolard. **3.50 (BST) Abductees. 4.05 Hollyoaks.**

CHANNEL 5

6.00am Milkshake! 10.00 Access. 10.05 Meerkat Manor. 10.35 FILM: The Bridge at Remagen (1969). Second World War adventure, starring George Segal. **12.55pm FILM: A Bridge Too Far (1977).** Fact-based Second World War drama, with Dirk Bogarde. **4.15 FILM: Joe Kidd (1972).** Western, starring Clint Eastwood. **5.55 FILM: Columbo: Mind Over Mayhem (1974).** Detective drama, with Peter Falk and Jose Ferrer.

7.20 **Longmire.** A murder leads the team to a Mennonite community.

8.10 **NCIS.** Gibbs tries to find out why the agents are being forced to take polygraph tests, while Tony and Jeanne are held hostage by a drug dealer.

9.05 **5 News Weekend.**

9.10 **Greatest Kids' TV Shows.** Countdown of the 50 best-loved British children's TV shows, featuring contributions by Phillip Schofield, Chris Tarrant, John Craven, Christopher Biggins, Dani Harmer, Phyllida Law, Morwenna Banks, Helen Skelton and Johnny Ball.

12.10am SuperCasino. 4.00 (BST) Wildlife SOS. 4.25 Make It Big. 4.50 The Funky Valley Show. 5.00 Angels of Jarm. 5.10 Hana's Helpline. 5.20 Angels of Jarm. 5.30 The Funky Valley Show. 5.40 Hana's Helpline.

Casualty, Saturday, BBC1, 9.20pm

Ant & Dec's Saturday Night Takeaway, Saturday, ITV, 7pm

The Dambusters' Great Escape: Secret History, Sunday, Channel 4, 8pm

Top 40 Ultimate Action Movies, Sunday, Channel 5, 9pm

SUNDAY

BBC1

6.00am Breakfast. 8.00 Live Formula 1 – Malaysian Grand Prix. Coverage from the Sepang International Circuit (Start-time 9.00am). **11.15 Sunday Politics. 12.30pm MOTD2 Extra.** With Mark Chapman and the Match of the Day team. **1.00 BBC News;** Weather. **1.15 NoRuz: The Persian Spring. 1.45 Formula 1 – Malaysian Grand Prix Replay. 3.45 Deadly on a Mission: Pole to Pole. 4.15 Escape to the Country. 4.45 Songs of Praise. 5.20 Pointless Celebrities.**

6.05 **Blandings.** Connie plans to marry Freddie off to Sir Gregory's niece. Last in the series.

6.35 **BBC News;** Regional News; Weather.

7.00 **Countryfile.** Matt Baker visits his family farm in Co Durham, where he helps his mother with lambing.

8.00 **Antiques Roadshow.** Fiona Bruce and the team visit Scone Palace, near Perth.

9.00 **The Musketeers.** Milady seeks her revenge on the soldiers. Last in the series.

10.00 **BBC News;** Regional News; Weather.

10.25 **Match of the Day 2.** Fulham v Everton and Liverpool v Tottenham Hotspur. Mark Chapman presents.

11.25 **Football League Trophy Highlights.**

12.00am Weatherview. 12.05 BBC News.

BBC2

6.00am Countryfile. 7.00 Gardeners' World. 7.30 Match of the Day. 9.00 The Andrew Marr Show. 10.00 The Big Questions. 11.00 Saturday Kitchen Best Bites. 12.30pm Living Famously. 1.30 FILM: Foreign Correspondent (1940). Alfred Hitchcock's spy thriller, starring Joel McCrea. **3.25 FILM: I Confess (1953).** Alfred Hitchcock's thriller, starring Montgomery Clift. **5.00 Flog It!**

6.00 **The Hairy Bikers: Restoration Road Trip.**

7.00 **Great Barrier Reef.** Monty Halls explores the Australian coral reef and the wildlife that inhabits it.

8.00 **Border Country: The Story of Britain's Lost Middleland.** Part one of two. The impact and legacy of the building of Hadrian's Wall.

9.00 **Louis Theroux's LA Stories.** Louis explores the American attitude to death at Cedars-Sinai Medical Centre.

10.00 **QI XL.**

10.45 **Top of the Pops 1977: Big Hits.** With Rod Stewart, the Jacksons, Queen and the Stranglers.

11.45 **FILM: War Requiem (1989).** Drama, starring Nathaniel Parker.

1.10am Sign Zone: Countryfile. 2.10 Sign Zone: Holby City. 3.10 Sign Zone: Silk. 4.10 This Is BBC2.

ITV

6.00am CITV. 9.25 ITV News. 9.30 Murder, She Wrote. 10.30 The Unforgettable Kenneth Williams. 11.00 ITV News and Weather; Weather. **11.10 River Monsters. 12.10pm Agatha Christie's Marple. 2.05 Big Star's Little Star. 3.05 FILM: Moonraker (1979).** James Bond spy adventure, starring Roger Moore. **5.35 ITV News Anglia;** Weather. **5.50 ITV News and Weather.**

6.00 **Catchphrase Mother's Day Special.**

7.00 **Surprise Surprise Mother's Day Special.** With Boyzone and wrestler John Cena.

8.00 **Endeavour.** New series. Shaun Evans returns as the young Inspector Morse in the first of four feature-length episodes. A baffling suicide throws Morse in at the deep end as he returns to work.

10.00 **ITV News at Ten and Weather;** Weather.

10.15 **Piers Morgan's Life Stories: Geri Halliwell.** The former Spice Girl talks about fame, family and relationships.

11.15 **The Crocodile Hunter Diaries.**

11.45 **Premiership Rugby Union.** Highlights.

12.40am The Store. 2.45 The Jeremy Kyle Show USA. 4.10 ITV Nightscreen. 5.05 The Jeremy Kyle Show.

CHANNEL 4

6.10am Arenacross. 7.30 Mark Webber Tasmania Challenge. 8.30 Everybody Loves Raymond. 9.00 Frasier. 9.30 Sunday Brunch. 12.30pm Secret Eaters. 1.35 The Big Bang Theory. 2.35 How I Met Your Mother. 3.30 The Simpsons. 4.30 Deal or No Deal. 5.30 FILM: Home Alone (1990). Family comedy, starring Macaulay Culkin.

7.30 **Channel 4 News.**

8.00 **The Dambusters' Great Escape: Secret History.** The story of the RAF's successful mission to sink the German battleship Tirpitz in November 1944.

9.00 **FILM: The Woman in Black (2012).** Premiere. A lawyer visits a village to put a deceased client's affairs in order, but finds her house haunted by a vengeful ghost. Horror, with Daniel Radcliffe and Ciaran Hinds.

10.50 **FILM: Orphan (2009).** A couple adopt a nine-year-old Russian girl from an orphanage, but the wife begins to suspect the child may be dangerously disturbed. Horror, with Vera Farmiga and Peter Sarsgaard.

1.00am The Good Wife. 1.45 The Hotel. 2.40 Secret Removers. 3.40 Kirstie's Vintage Gems. 4.00 SuperScrimpers. 4.55 Hugh's 3 Good Things. 5.05 Deal or No Deal.

CHANNEL 5

6.00am Milkshake! 10.00 Power Rangers Super Samurai. 10.35 Power Rangers Megaforce. 11.10 FILM: Hoodwinked (2005). Animated comedy, with the voice of Anne Hathaway. **12.35pm FILM: Gremlins 2: The New Batch (1990).** Comedy sequel, starring Zach Galligan. **2.40 FILM: Stop! Or My Mom Will Shoot (1992).** Comedy, starring Sylvester Stallone. **4.20 FILM: A Bug's Life (1998).** Pixar animation, with the voice of Dave Foley.

6.10 **Mum of the Year 2014.** Awards ceremony honouring courageous and inspirational women.

7.05 **5 News Weekend.**

7.10 **FILM: Bulletproof Monk (2003).** Martial arts thriller, starring Chow Yun-Fat.

9.00 **Top 40 Ultimate Action Movies.** Vinnie Jones presents a countdown of the best films from the action genre as voted for by viewers. Featuring contributions by Gary Busey, Steven Berkoff, John Carpenter and McG.

11.55 **FILM: Point Break (1991).** Thriller, with Keanu Reeves.

2.20am SuperCasino. 3.05 Benidorm ER. 4.00 Wildlife SOS. 4.25 Make It Big. 4.50 The Funky Valley Show. 5.00 Angels of Jarm. 5.10 Hana's Helpline. 5.20 Angels of Jarm. 5.30 The Funky Valley Show. 5.40 Hana's Helpline.

www.newmarket-news.co.uk/property

Newmarket News

PROPERTY NEWS

March 26, 2014

The area's number one for property for sale and to rent

Attractive thatched cottage

Wickhambrook: £280,000

THIS attractive thatched cottage is in the sought-after village of Wickhambrook, and is on the market with a guide price of £280,000.

Grade II-listed and superbly finished, the property has pleasant accommodation including a modern fitted kitchen, yet still retains its lovely period features; these include a large inglenook fireplace and exposed timbers.

Outside there is an attractive enclosed garden including a summerhouse with power and a wood-burner, as well as a chicken coop and two well-proportioned sheds.

To arrange a viewing of this delightful home, contact Whatley Lane Estate Agents on (01638) 561187.

Feature Homes - what's hot on the property market - page 44

YOUR MOVE
Lattimore Hall

Newmarket Office
16a High Street, CB8 8LB

01638 660303
newmarket@your-move.co.uk

Nick Hall
Director - MARLA

Iain Lattimore
Director - ANAEA

www.your-move.co.uk

*The tenancy set up fee is £240. Additional fees may apply. Please refer to the website or ask in branch for more details.

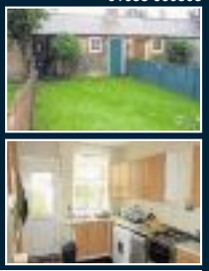
PrimeLocation.com

rightmove.co.uk

Zoopla.co.uk

The Property Ombudsman

01638 660303



Newmarket **£140,000**

An Edwardian two bedroom terrace home close to the town and all facilities. Comprising of a Sitting room, Kitchen, Two Bedrooms, First Floor Shower Shower Room, Delightful Rear Garden and Out Building. EPC D

01638 660303

Newmarket **£145,000**

A really quite unusual building plot with detailed planning permission for a 3 bedroom detached bungalow. SALE BY TENDER. CLOSING DATE 31st March 2014.

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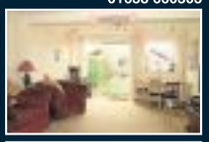
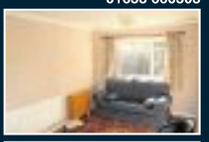


Newmarket **£159,000**

An extended two bedroom semi detached house with a garage in a block in a popular location just to the North of the town with easy access to A14, Tesco's, Retail park and town alike. Offered with no upward chain this is well worth a look. EPC "D".

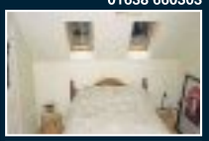
01638 660303



Burwell **£165,000**

A two bedroom semi detached bungalow situated at the end of a cul de sac offering huge potential for further improvement with a large front garden, gas radiator heating and Upvc double glazing. EPC TBC

01638 660303



Mill Mews **£189,995**

Two double bedroom modern residence in popular location just north of the town centre. Spacious living room, Fitted kitchen/Diner, Cloakroom, Bathroom and En-Suite, Gas radiator heating and parking space. EPC "B"

01638 660303

Reach **£239,995**

An extended three bedroom semi detached home with views over open farmland. The property a former Airy house has been extensively updated with a new brick outer skin and extension. EPC "C"

01638 660303

Newmarket **£105,000**

BUY TO LET OR FIRST TIME BUYER OPPORTUNITY..... A spacious two bedroom first floor apartment tucked away in a traffic free location close to the town. EPC "C"

01638 660303

Chippenham **£110,000**

A one bedroom bungalow set well back from the road with an enclosed garden to the side. The accommodation benefits from double glazing and offers potential for further improvement. EPC F

01638 660303

11 Cornmills Road, Soham, Ely,CB7 5AT **£149,995**

By order of the Mortgagee in possession, we would advise you that an offer has been made for the above property in the sum of £149,995.00. Any person wishing to increase on this offer should notify the selling agents of their best offer either prior to exchange or within the next 7 days which ever is sooner.

First time seller?

You're in safe hands with the helpful agent

Contact your local branch for details.

01638 660303

MUST BE VIEWED

Burwell **£230,000**

A well presented three bedroom detached family home in the sought after village of Burwell. The property has been updated within recent times with a modern kitchen and bathroom. NO CHAIN. EPC D

01638 660303

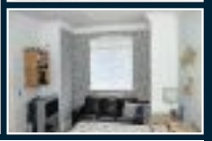
NEW PRICE

BUNGALOW AND PLOT, HIGH STREET, WICKEN **£345,000**

A THREE BEDROOM DETACHED BUNGALOW IN A DELIGHTFUL LOCATION WITH AN ADJACENT BUILDING PLOT WITH DETAILED PERMISSION FOR A THREE BEDROOM DETACHED DWELLING. EPC E.

01638 660303

NO CHAIN



Newmarket **£382,500 Leasehold**

A three bedroom town house situated within an exclusive development close to the town. Accessed via electric gates The Severals is one of Newmarkets' most prestigeous developments with a mixture of luxury apartments and town houses. EPC "C".

01638 660303

SINGLE LADY

LOOKING FOR A 2 BEDROOM HOUSE IN NEWMARKET PREFERABLY TO THE SOUTH SIDE UPTO AROUND £165,000. 01638 660303

WANTED

01638 660303

VACANT

Cheveley **£499,950**

A superb six bedroom detached family residence within a highly desirable village close to the historic racing town of Newmarket. The property offers extremely versatile and spacious accommodation approaching almost 3000 sqft. EPC E

01638 660303

FAMILY LOOKING FOR

A THREE BEDROOM HOUSE IN BURWELL UP TO AROUND £250,000. IF YOU'RE THINKING OF SELLING PLEASE CALL 01638 660303.

WANTED

01638 660303

TO LET

Soham **£825**

Detached Bungalow set back from the Road in good sized gardens. 3 Bedrooms, Living room, Dining room, Re fitted Kitchen, Bathroom, gas radiator heating, double glazing and Off Road parking. No Smokers - No pets. EPC D

01638 660303

LET BY

Soham **£599**

Stylish mews home boasting 2 bedrooms, bright living/dining room, modern kitchen, bathroom, electric heating and garden. EPC "C" (*)

YOUR MOVE Lattimore Hall

LET

Landlords!

Property in Soham Wanted
Discount on Managed fees

01638 660303

Contact your local branch for details

01638 660303

TO LET

Soham **£675**

A semi detached house with versatile accommodation beautifully presented throughout. 2 double bedrooms, spacious living room, large kitchen, gas c/h and off road parking. EPC D (*).

01638 660303

LET BY

Soham **£670**

A really stylish ground floor two bedroom apartment with built in appliances and views over a mill pond. Gas central heating, double glazing and parking. EPC B (*)

YOUR MOVE
Lattimore Hall

Newmarket Office
16a High Street, CB8 8LB

01638 660303
newmarket@your-move.co.uk

Nick Hall
Director - MARLA

Iain Lattimore
Director - ANAEA

www.your-move.co.uk

*The tenancy set up fee is £240. Additional fees may apply. Please refer to the website or ask in branch for more details.

PrimeLocation.com

rightmove.co.uk

Zoopla.co.uk

The Property Ombudsman

Morris Armitage

01638 742461
www.morrisarmitage.co.uk

BURWELL £415,000 NEW

An incredibly versatile detached family home offering kitchen, utility, cloakroom, front to back sitting room, dining room, family room, 4/5 bedrooms, bathroom, separate shower room and possible annexe potential. Enjoying a lovely rear garden, off road parking and garage EPC (E)

BURWELL £224,995 NEW

An established semi-detached property offering surprisingly spacious, well-proportioned accommodation to include entrance porch, sitting room, kitchen/diner, three bedrooms and a first floor bathroom. EPC (E) Mature enclosed gardens to rear with plenty of parking and garage.

BURWELL £115,000 NEW

A realistically priced ground floor apartment located towards the outskirts of this sought after village. Accommodation in brief comprises entrance hall, lounge/diner, kitchen, two bedrooms, bathroom, alocated off-road parking in a private car park and front garden laid to lawn EPC (D)

ISLEHAM £234,995 NEW/ SOLD

A delightful Grade II Listed property, centrally located within this highly regarded village and enjoying stunning period features. A feature of the property is its substantial garden split into three main areas and includes summer house/cabin, shed, utility room and lawn gardens.

FORDHAM £209,995 NEW PRICE

A rarely available bungalow standing within an elevated non-estate position and offered for sale with no onward chain. Accommodation includes entrance hall, large sitting room, kitchen, utility area, conservatory, 2 bedrooms, bathroom, garage and front and rear gardens. EPC (D)

BURWELL £205,000

An end of terrace, two bed period cottage in need of improvement and set within the village centre. Offered for sale with no onward chain and includes an entrance porch, living/dining room, kitchen, two double bedrooms and first floor bathroom. Long rear garden and garage. EPC (D)

NEWMARKET CAMBRIDGE HAVERHILL BURWELL KINGS LYNN BURY ST EDMUNDS DOWNHAM MARKET

Morris Armitage

01638 560221
www.morrisarmitage.co.uk

GAZELEY £625,000 NEW

An outstanding family home set within this select development and positioned at the end of a quiet cul-de-sac with views to side overlooking paddocks. Improved and updated by the current owners and enjoying superb rooms and accommodation throughout. EPC (D)

NEWMARKET £325,000 NEW

A rare opportunity to purchase a stylishly presented former coach house conversion. Offering entrance porch, kitchen/dining room, living room, study, cloakroom, three bedrooms, refitted family bathroom, fully enclosed landscaped rear garden and off road parking. EPC (D)

SAXON STREET £330,000 NEW

This detached property offers light and airy rooms throughout with accommodation including living room, dining room, kitchen, study, cloakroom, three good size bedrooms and bathroom. Externally the property offers attractive gardens and off road parking and garage facilities. EPC (E)

NEWMARKET £220,000 NEW

An established semi-detached home nestling within the heart of the town centre. Spacious and versatile rooms throughout to include living room, dining room, kitchen, cloakroom, three bedrooms and first floor bathroom. Externally offers an enclosed courtyard style garden. EPC (D)

NEWMARKET £350,000 NEW

A detached bungalow set within a highly regarded residential area and within walking distance of the town centre. Light and airy rooms throughout to include 23ft sitting room, dining room, fitted kitchen, three bedrooms and family bathroom. A delightful garden, parking and garage. EPC (D)

SAXON STREET £295,000 NEW

A remarkable detached bungalow, formerly a barn, offering superb and stylishly presented accommodation throughout, comprehensively improved to provide some outstanding fixture and fittings with attention to detail to each and every room. Internal viewing essential. EPC (F)

NEWMARKET CAMBRIDGE HAVERHILL BURWELL KINGS LYNN BURY ST EDMUNDS DOWNHAM MARKET

Balmforth team

Estate Agents, Valuers & Letting Agents
4 Rous Road, Newmarket, Suffolk, CB8 8DL
Tel: 01638 582454 Fax: 01638 718900
Email: newmarket@balmforth.co.uk www.balmforth.co.uk

BARWAY

Two bedroom detached Grade 11 listed period cottage has been sympathetically renovated to a high standard

Works include re-roofing, updated kitchen, bathroom and shower room. With granted planning permission for the change of use from a barn to a residential annex by East Cambs District Council. The property is situated in an idyllic village hamlet with the advantage of mains drainage.

£399,950

NEWMARKET

Two Bedroom Apartment set in HIGHLY REGARDED TOWN CENTRE LOCATION

Two bedroom apartment finished to a high specification set in HIGHLY REGARDED TOWN CENTRE LOCATION and benefiting from spacious lounge/dining area, underground secure parking, lift and communal garden.

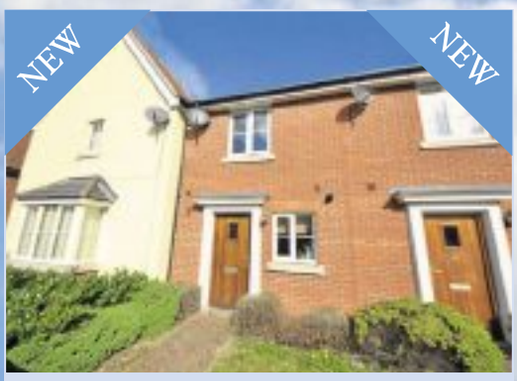
£249,500

NEWMARKET

Two Bedroom Terraced House

Two bedroom family home situated in a prominent position of Newmarket. The property benefits from large living areas and a conservatory to the rear.

£185,000

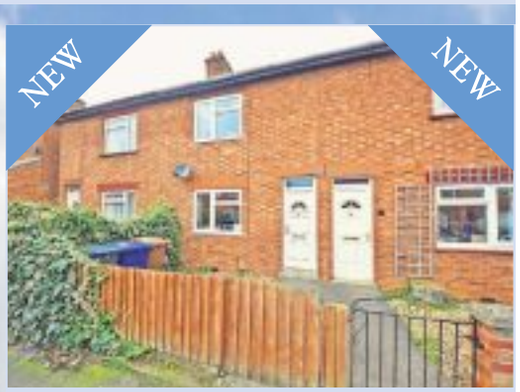


RED LODGE

Two Bedroom Terraced Home

NO ONWARD CHAIN. Modern two bedroom town house with spacious living area and garden with patio.

£159,995



NEWMARKET

Two Bedroom Terraced House

Mid Terraced Two bedroom family home, in the popular racing town of Newmarket.

£157,950

RED LODGE

Three Bedroom Terraced Property

Simular Properties Required

£174,995

RED LODGE

Three Bedroom Town House

Simular Properties Required

£199,950

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WHATLEY LANE

01638 561187 www.wlea.tv

DULLINGHAM **£535,000**

This newly constructed home offers some of the most stunning accommodation available in today's new home arena. Accommodation briefly comprises of four bedrooms, four bathrooms, living room and open plan kitchen/dining room with bi-fold doors leading to the rear garden. EPC rating B.

NEWMARKET **£375,000**

Attractive detached family home located close to the town centre. Offering modern versatile accommodation throughout including four bedrooms, modern fitted kitchen and sitting room. Externally the property benefits from a enclosed rear garden. Viewing highly recommended. EPC- rating C

WICKHAMBROOK

An opportunity to purchase this excellent detached family home in Wickhambrook. Property is in excellent decorative order throughout. Accommodation including four bedrooms, two reception rooms and a conservatory. EPC-D.

£335,000

NEWMARKET

Stunning ground floor apartment conveniently located close to Newmarket train station. Accommodation including two bedrooms, kitchen and open plan living/dining room. Ideal for Investors. EPC rating C.

£207,000

DULLINGHAM

UNDER OFFER
SIMILAR PROPERTIES REQUIRED TO MEET DEMAND

£850,000

MOULTON

UNDER OFFER
SIMILAR PROPERTIES REQUIRED TO MEET DEMAND

£325,000

NEWMARKET

NOW LET
SIMILAR PROPERTIES REQUIRED TO MEET DEMAND

£2,000 PCM

WICKHAMBROOK

Substantial five bedroom thatched property located in the village of Stradishall. Externally the property has a workshop, two stables and a tack room, double garage and ample off road parking. EPC D.

£2,000 PCM

Whatley Lane Estate Agents 13 High Street Newmarket Suffolk CB8 8LX Telephone: 01638 561187 Email: enquiries@wlea.co.uk

01638 561187

WHATLEY LANE

www.wlea.tv

WICKHAMBROOK **£280,000**

OPEN DAY THIS SATURDAY 29TH MARCH 2-4PM

This superbly finished, Grade II listed cottage is situated in the sought after village of Wickhambrook. The property boasts pleasant accommodation including a modern fitted kitchen and bathroom whilst still retaining lovely period features such as its large inglenook fireplace and exposed timbers. Externally it benefits from an attractive enclosed garden which offers a summerhouse with power supply and wood burner, chicken coop and two well-proportioned sheds.EPC rating- E

KENTFORD **£400,000**

Detached family home located in the heart of a well regarded village. Offering a spread over three floors including master bedroom with dressing room and en-suite plus four further bedrooms. Externally the property benefits from an attractive rear garden with decking and a double garage with office/studio space. EPC rating C

NEWMARKET **£500,000**

Located in a unique location close to the famous Tattersalls sales ring this stunning family homes offers immaculate accommodation throughout including three bedrooms, four reception rooms. Externally the property benefits from rear garden, garage, off-road parking and a two storey annexe. VIEWING HIGHLY RECOMMENDED EPC Rating- D

Whatley Lane Estate Agents 13 High Street Newmarket Suffolk CB8 8LX Telephone: 01638 561187 Email: enquiries@wlea.co.uk

Jackson-Stops & Staff

jackson-stops.co.uk

WICKHAMBROOK

A picturesque equestrian property situated between Newmarket and Bury St Edmunds with a delightful Grade II Listed thatched cottage, range of stable buildings currently providing 18 loose boxes (with scope for improvement) and post and rail paddocks.
Reception Hall • Sitting Room • Dining Room • Kitchen/Breakfast Room • Cloakroom • Landing • Master Bedroom with En-suite Bathroom • Three Further Bedrooms • Shower Room • Driveway and Parking • Equestrian Facilities including 18 Loose Boxes • Post and Rail Paddocks • Horse Walker • 20.6 ACRES IN ALL (STS).

Guide Price £850,000 FF55974

NEWMARKET

A landmark Victorian former trainer's residence with planning permission for a single storey dwelling.
Reception Hall • Cloakroom • 3 Reception Rooms • Kitchen/Breakfast Room • Study • Utility Room • Extensive Cellars • Landing • 7 Bedrooms • 4 Bath/Shower rooms (2 En-Suite) • Annexe Potential • Driveway and Parking • Outdoor Heated Swimming Pool • Extensive Mature Grounds • EPC Rating 'E'.

Guide Price £1,175,000 FF55744

WORLINGTON

A substantial and beautifully presented Grade II Listed village house with formal landscaped gardens.
Reception Hall • Drawing Room • Dining Room • Sitting Room • Kitchen/Breakfast Room • Garden Room • Utility Room • Cloakroom • 2 Cellars • 4 First Floor Bedrooms (all en-suite) • Further Bathroom • 2 Second Floor Bedrooms • Dressing Room • Family Bathroom and Cinema Room. Driveway and Parking • Garage • Landscaped Gardens • Dog Run and Kennel.

Guide Price £1,125,000 FF55651

Newmarket 01638 662231

newmarket@jackson-stops.co.uk

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People Property Places

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NEWMARKET

An outstanding contemporary house finished to the highest specification.
Sitting Room • Dining Room • Kitchen/Breakfast Room • Utility Room • Cloakroom • Master Bedroom with Dressing Room and En-Suite Bathroom • Guest Bedroom with Dressing Room and En-Suite Shower Room • 3 Further Bedrooms • Bathroom • Driveway and Parking • Integral Double Garage • Enclosed Landscaped Garden • EPC Rating 'C'.

Offers in excess of £850,000 FF51757

HOCKWOLD

A superb period village house with a good sized walled garden and detached barn/garage/workshop.
Hall • Sitting Room • Dining Room • Kitchen/Breakfast Room • Utility Room, Cloakroom • Landing • Master Bedroom with Dressing Room and En-Suite Shower Room • 3 Further Bedrooms and Family Bathroom • Driveway and Parking • Detached Barn/Garage/Workshop and Walled Garden • EPC Rating 'E'.

Guide Price £395,000 FF55811

STRADISHALL

An impressive 1930's family house with delightful grounds and paddocks.
Reception Hall • Dining Room • Drawing Room • Family Room • Kitchen/Breakfast Room • Study • Utility Room • Cloakroom • Master Bedroom with En Suite • 3 Further Bedrooms • Bathroom • Garage/Games Room • Driveway • Parking and Garden • EPC Rating 'F'.

Guide Price £785,000 FF37205

BURWELL

An impressive detached period style family house backing onto paddocks.
3 Reception Rooms • Kitchen/Breakfast Room • Utility Room • Basement Playroom/Study • Master Bedroom with En-Suite Shower Room • 3 Further Bedrooms • 3 Bath/Shower Rooms (1 En-Suite) • Second Floor Bedroom 5 and Games Room • Driveway and Parking • Double Garage • Rear Garden • EPC Rating 'C'.

Guide Price £645,000 FF54578

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DULLINGHAM

An attractive conversion of a former dairy with a large garden in a sought after village location.
Entrance Hall • Sitting Room • Kitchen/Dining Room • Conservatory • Utility Room • Cloakroom • Master Bedroom with En-Suite Bathroom • Bedroom 2 with En-Suite Shower Room • Driveway and Parking • Studio • Large Garden • EPC Rating 'D'.

Guide Price £360,000 FF56000

NEWMARKET

A spacious and well located family house with an attractive south facing garden.
Hall •Sitting Room • Dining Room • Garden Room • Kitchen/Breakfast Room • Utility/Cloakroom • Four Bedrooms • Bathroom and Shower Room • Driveway • Detached Cart Lodge • Office • Store • Partly Walled Garden • EPC Rating 'E'.

Guide Price £650,000 FF46894

NEWMARKET

A spacious detached property in a sought after town location with easy access to the town centre.
Reception Hall • Sitting Room • Kitchen/Breakfast Room • Utility Room • Cloakroom • Bedroom Four with En-Suite Shower Room • Landing • Three Bedrooms (One with En-suite Shower Room) • Family Bathroom • Single Garage • Driveway and Parking • Office/Study • Garden • EPC Rating 'D'.

Guide Price £450,000 FF55530

OUSDEN

A delightful Grade II Listed house in a rural location with large established grounds extending to just under an acre (STS).
Entrance Hall • Drawing Room • Sitting Room • Dining Room • Garden Room • Kitchen • Cloakroom • 4 Bedrooms • 2 Bathrooms • Study/Bedroom 5 • Loft Store Room • Driveway and Parking • Large Grounds.

Guide Price £582,000 FF51755

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KENTFORD

An immaculately presented family house with attractive views over paddocks to the rear.
Sitting Room • Dining Room • Family Room • Kitchen/Breakfast Room • Utility Room • Master Bedroom with Dressing Room and En-Suite Bathroom • Guest Bedroom with En-Suite Shower Room • 2 Further Bedrooms • Bathroom • Driveway and Parking • Single Garage • Enclosed Rear Garden • EPC Rating D.

Guide Price £439,000 FF55720

BRINKLEY

A well finished Scandinavian style house in a sought after village with an attractive rear garden.
Hall • Sitting Room • Dining Room • Kitchen/Breakfast Room • Utility Room • Cloakroom. Landing/Study • Master Bedroom with En-Suite Bathroom • 2 Further Bedrooms with En-Suite Bath/Shower Rooms • Driveway and Parking • Integral Single Garage and Enclosed Rear Garden • EPC Rating 'D'.

Guide Price £385,000 FF55810

DULLINGHAM

A charming and beautifully presented detached period cottage in a sought after village and enjoying views over paddocks.
Sitting Room/Dining Room • Kitchen • Bathroom • Rear Hall • Landing • Bedroom 1 with En-Suite Shower Room • Bedroom 2 • Attractive Courtyard Garden • EPC Rating 'F'.

Guide Price £285,000 FF55240

NEWMARKET

A beautifully presented first floor apartment situated in this highly regarded development.
Communal Entrance Hall • Entrance Hall • Sitting/Dining Room • Kitchen • Master Bedroom with En-Suite Bathroom • Bedroom 2 • Shower/Cloakroom • Allocated and Visitors Parking • Communal Gardens • Private Balcony • EPC Rating 'B'.

Guide Price £385,000 FF55719

NEWMARKET

A well presented second floor apartment in a sought after location within walking distance of the Rowley Mile Racecourse and town centre.
Communal Entrance Hall • Entrance Hall • Sitting/Dining Room • Kitchen • Bathroom • Bedroom with En-Suite Shower Room • Private and Visitors Parking • EPC Rating 'C'.

Guide Price £185,000 FF50639

GREAT BRADLEY

A charming Victorian cottage with a traditional outbuilding set within a 1/3 of an acre of mature gardens.
Sitting Room • Family Room • Kitchen/Dining Room • Utility Room • Cloakroom. Landing • 3 Bedrooms • Family Bathroom • Driveway and Parking • Attractive Gardens • Brick Outbuilding • EPC Rating 'E'.

Guide Price £395,000 FF55809

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Fordham £210,000

An impressive 3 bedroom semi detached house standing in a superb non estate position with views over open fields. The accommodation includes 2 reception rooms, a conservatory and fitted kitchen. The property also has the advantage of a large rear garden and a range of outbuildings.

Newmarket £169,000

A modern 2 bedroom terraced property standing in an established development North of the town centre. The accomodation includes a fitted kitchen/dining room, 2 double bedrooms and a modern fitted bathroom. Further features are an enclosed rear garden and 2 off road parking spaces. EPC:C.

Newmarket £300,000

A 3 storey town house forming part of a sought after gated complex. The impressive accommodation includes a cloakroom, kitchen / breakfast room , 2 reception rooms and a master bedroom with en-suite shower room. The property also has the advantage of an enclosed rear garden and car port. EPC: B.

Ashley £245,000

An individual 3 bedroom semi-detached property attractively situated in a private courtyard located close to the centre of the village. The property is offered with no chain and features a modern fitted kitchen/ dining room, a sitting room with an open fireplace and a 1st floor bathroom. VIEWING ESSENTIAL. EPC: C.

Cavenham £369,950

An individual 4 bedroom detached house standing in the centre of this sought after village. The impressive accommodation includes a sitting room with inglenook fireplace, large open plan kitchen / dining room, a separate utility room, cloakroom and master bedroom with en-suite shower room. NO CHAIN. EPC: C.

Newmarket £380,000

A 2 bedroom luxury duplex apartment forming part of highly regarded Peel House. The property offers a sitting room with balcony, dining area, and kitchen with a range of built in appliances and separate utility room. Peel House stands in an acre of landscaped gardens, with a secure gated entry. EPC: C.

Stetchworth £415,000

A beautifully presented 4 bedroom detached house standing in a superb setting with stunning paddock views. Accommodation includes 3 reception rooms, 4 bedrooms and 3 bath / shower rooms. An outstanding family home. EPC: C.

Herringswell £449,995

A beautifully presented 4 bedroom detached period property delightfully situated in a charming semi-rural village with views over open countryside. The cottage offers a wealth of individual period features, a stunning kitchen / breakfast room and a detached office / studio. EPC:E.

Stow-Cum-Quy £485,000

A charming early 19th century 4 bedroom period property attractively situated on the edge of a highly sought after Cambridge village. The property benefits from accommodation arranged over 3 floor including 2 reception rooms, a large basement room and a conservatory. EPC: D.

RICS NAEA ARLA

CAMBRIDGE ELY HAVERHILL **NEWMARKET** SAFFRON WALDEN ST IVES LONDON

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NEW

Exning £350,000

A superbly presented modern 4 bedroom detached house attractively situated in a well regarded location close to the village centre. EPC: Pending.

NEW

Isleham £480,000

A superbly presented individual detached 4 bedroom property delightfully situated in a private courtyard close to the centre of the village. VIEWING ESSENTIAL.

Ousden £375,000

A grade II listed detached cottage standing in an idyllic location within this sought after village.

Isleham £365,000

A modern individual 4 bedroom detached house standing in a superb location with far reaching views over open countryside. EPC: C.

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Newmarket £350,000

Arranged over three floors this outstanding town house offers superbly presented accommodation which has been significantly improved and updated by the present owners.

The house boasts many modern day features, complimented with stylish light and spacious rooms. A particular feature is the enviously large Kitchen/Dining room, and equally sized sitting room, located on the 1st floor with direct access to the sun terrace. With the benefit of PVCu double glazed windows, a gas fired radiator heating system and positioned in a much sought after location south of the town centre and convenient for the railway station.

EPC: To be confirmed

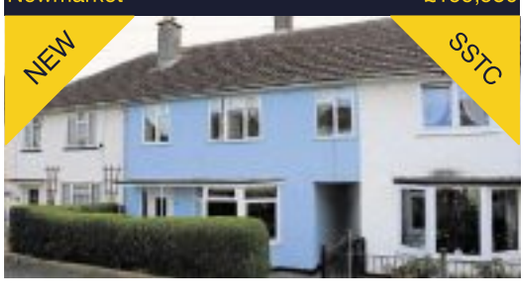
Newmarket £149,950

A charming 2 bedroom period cottage set within a popular location north of the town centre enjoying features such as a wood burning stove in the sitting room and a 60ft enclosed garden backing onto allotments.

An excellent first time buy or Investment purchase.

EPC: D

Newmarket £199,950



Similar properties urgently required to meet high buyer demand.

Newmarket £149,950

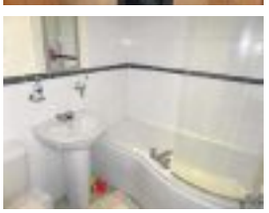
Set within a highly regarded development south of Newmarket town centre a well appointed and particularly spacious 2 bedroom modern apartment. EPC:D

Red Lodge £125,000

A generously proportioned and very well presented modern 2 bedroom starter home enjoying an excellent location in this ever popular and expanding village between Newmarket and Bury St Edmunds.

Ideal starter home or investment purchase with a potential yield of 5.7%.

EPC Rating: C



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Newmarket £650 pcm*

A beautifully refurbished and spacious 2 bedroom 1st floor apartment with a balcony, garden & off road parking. Available April. Unfurnished. EPC Rating: C

Cambridge £2,350

A stunning penthouse 3 bedroom apartment providing contemporary accommodation over two floors and a large roof terrace with outstanding views of the river Cam and Cambridge.

Sitting/dining room leading to a terrace, luxury fitted kitchen/breakfast room opening to a small terrace, study, magnificent master bedroom with views of the river Cam. EPC: B

Newmarket £1,195

This impressive property comprises of a large sitting room, kitchen with built in appliances, master bedroom with fabulous en suite including a built in television, double 2nd bedroom, shower room, off road parking, communal gardens, use of a private gym.

Unfurnished. EPC Rating: B

Newmarket £625 pcm*

A spacious first floor flat located off Newmarket High Street. Accommodation comprises of; 2 double bedrooms, ensuite bathroom, sitting room & kitchen EPC: E

Newmarket £575 pcm*

A furnished 1 bedroom flat located just off Newmarket High Street. Council tax & water are included in the monthly rent.. Single person only. EPC: TBC

Newmarket £675 pcm*

A wonderfully spacious 2 bedroom modern house set within a popular cul de sac location north of the town centre. Unfurnished. EPC: To be confirmed

Newmarket £695 pcm*

A 2 bedroom, ground floor apartment located South of Newmarket Town Centre. Hall, 2 double bedrooms, bathroom, kitchen/sitting room & off road parking. EPC: D

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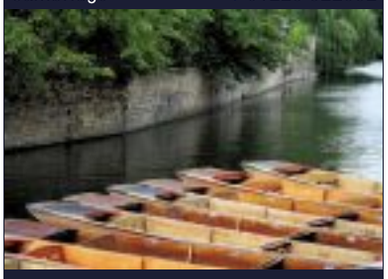

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FRECKENHAM

Newmarket 8 miles - Cambridge 20 miles

A substantial detached Grade II Listed country residence in a village location. Drawing room, sitting room, dining room, orangery, library, study, kitchen, scullery, garden lobby, school house, cellar, 5 bedrooms (1 en suite). "In and Out" driveway, courtyard orchard and gardens.
In all about 0.6 of an acre.

Guide £825,000

NEWMARKET

Cambridge 13 miles - Bury St Edmunds 15 miles

A contemporary 2248 sq ft detached property close to the town amenities. Sitting room, kitchen/family roon, dining room, library, 4 bedrooms (2 en suite). Double garage with games room over and gardens.

EPC Rating: E

Guide £700,000

CLARE

Newmarket 20 miles - Bury St Edmunds 16.5 miles

A charming detached 18th Century cottage. Sitting room, dining room, kitchen/breakfast room, utility room, cloakroom, 5 bedrooms, shower room, bathroom. Double garage and gardens.
In all about 0.6 of an acre.

EPC Rating: E

Guide £600,000

WICKHAMBROOK

Newmarket 9.5 miles - Bury St Edmunds 11.5 miles

A substantial 1900 sq ft detached new house situated in an exclusive development. Sitting room, kitchen /dining room, study, utility, cloakroom, 4 bedrooms (1 en suite), bathroom. Garage and gardens.

EPC Rating: TBC

Guide £399,950

DALHAM

Newmarket 5 miles - Bury St Edmunds 10 miles

This charming Grade II Listed detached Cottage is situated in a prominent position in the heart of the village. Sitting room, kitchen/breakfast room, snug, utility, bathroom, 4 bedrooms, shower room. Parking, garage and garden.

EPC Rating: C

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EPC Rating: EPC Rating: TBC

Guide £549,995

WICKHAMBROOK

Newmarket 9 miles - Bury St Edmunds 10 miles

An attractive 18th Century property extended and updated in recent years. Drawing room, dining room, snug, utility, cloakroom, kitchen/breakfast room, 5 bedrooms (1 en suite), shower room, bathroom. Double garage and gardens.

EPC Rating: D

Guide £495,000

KIRTLING

Newmarket 5 miles - Bury St Edmunds 13 miles

A beautifully presented 1734 sq ft Grade II Listed cottage situated in a popular village location. Sitting room, drawing room, kitchen /breakfast room, dining room, 4 bedrooms, bathroom. Double garage and gardens.

Guide £535,000

NEWMARKET

Bury St Edmunds 15 miles - Cambridge 13 miles

A spacious detached house in a popular location close to the town centre. Dining room, sitting room, kitchen/breakfast room, utility, cloakroom, 3 bedrooms (1 en suite), bathroom. Double garage and gardens.

EPC Rating: E

Guide £369,950

DALHAM

Newmarket 5 miles - Bury St Edmunds 11 miles

A delightful 17th Century Grade II Listed cottage situated in a quiet but convenient location. Sitting room, kitchen/breakfast room, bathroom, 2 bedrooms. Garage with laundry room at the rear and gardens.

Guide £319,000

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FeatureHOMES

Freckenham: £825,000

THE Dell is a substantial detached Grade II listed five bedroom country residence in Elms Road, Freckenham, that is now on the market for £825,000.
It has entrance hall, drawing room, dining room, orangery, library, sitting room, study, garden lobby, kitchen, scullery, cloakroom, school house and cellar on the ground floor. Upstairs are five bedrooms and two bathrooms, the principle suite having a private dressing room and spacious en suite. Outside there is a driveway with parking, formal lawns to the front of the property, a kitchen garden to the side with orchard, and lawned rear gardens.
To arrange a viewing, call David Burr on (01638) 669035.

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Other Valuation Days & venues are available throughout the region. For further information on these or any of our sales please visit our website.
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New Mini Hatch has launch party

THE New Mini One hatch launch was launched at Elms Cambridge on Saturday.

"The new model was very well received," says group marketing executive Stephanie Campin. "Attendees loved the new Mini, with a number of people placing ordered there and then! We had four New Mini One hatches available to view on the day. Visitors were also able to test drive the brand new Mini while also receiving a free Mini Valet and hot food provided by the Grill Sergeant. We would like to extend a big thank you from everyone at Elms Cambridge Mini to everyone that made the launch a roaring success!"

Go to *elmscambridgemini.co.uk* for further information. The Mini One Hatch is priced from £13,750.

WELCOME: The new Mini One Hatch is now on sale

UNVEILED: The eagerly awaited new Mini One Hatch

Cambridge MG makes move

CAMBRIDGE MG has moved to Trumpington following a revamp which has come about because of the upcoming cessation of Chevrolet's activities in Euope.

"Chevrolet is pulling out of the UK next year but we are honouring all agreements – aftersales, parts, MoTs and warranties remain valid," said Cambridge Chevrolet general manager Luke Gordon. The Trumpington site – part of the Buckingham & Stanley group – has now sold out of new Chevrolets and no new Chevrolet cars are due to go on sale at the dealership.

"With the Chevrolets completely gone we filled the showroom with the MG3 and in the first two weeks sold into double figures because they're such good value," Gordon said. "The range starts at £8,399 but the real selling point is the top-of-the-range MG3 which costs £9,999 and for that you get lots of toys – including rear parking sensors, Bluetooth, digital radio, auto lights, auto wipers, alloys, aircon, central locking and three years' warranty."

Call Cambridge MG on (01223) 873495 or go to *cambridge.mg.co.uk.*

VALUE: The MG3

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VAUXHALL

Official fuel consumption figures in mpg(l/100km) for the Vauxhall range are: Urban 17.9 (15.8) - 67.3 (4.2). Extra-urban 37.7 (7.5) - 91.1 (3.1). Combined 26.6 (10.6) - 80.7 (3.5). Official emission figures range from 249-94/km

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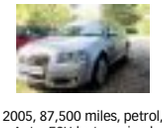

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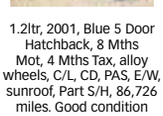

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WESTLIFE were in concert after racing at Newmarket Race Course, August 13th 2010. I am looking for the race card from that evening (has picture of Westlife on cover) good price paid depending on condition. Contact Jon, text/call: 07917 806497

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Bathrooms & Accessories

SHOWERFORCE Power shower Nearly new 1500XT thermostatic shower includes internal pump, thermostatic control, 3 spray massage handset & fitting instructions. Picture available £90 ono Tel: 07979 997375

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Beds, Bedding, Bedrooms

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3' single bed low level metal bed frame with wooden slats. excellent condition. Comes with a good quality used mattress (always had a protector on it) will separate. photos available if required .Collect from fenstanton £45 ovno Tel: 01480 381318

Beds, Bedding, Bedrooms

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PRINTER cartridges HP11 x 2 and Brother LC900 x 3 boxed, new (Linton) each £5 Tel: 01223 891602

Dining Furniture

LADIES trousers, mid green, Matlan linen blend, new with tags, size 16, (Linton) £7 Tel: 01223 891602

PINE table 5 ft x 2.5 ft plus 4 chairs good condition can deliver in new market area £55 ono Tel: 07860 364069 or 01638 721813

ROUND DINING TABLE glass topped, with oak legs. Good condition. Only 1 year old. £60 Tel: 01223 721464

DIY & Tools

LADDERS Aluminium Double extension ladder extended height circa 6 metres very good condition buyer to collect. £60 ovno Tel: 01638 669695

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Household Miscellaneous

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HAIR Trimmer Electric Remingto Hair Trimmer Electric Remington Precision HC—8017 In Hard case includes brush and different size trimmers — excellent condition ST NEOTS AREA £10 Tel: 07534 710813

SILVER grey filing cabinet 3—drawer lockable Silver line filing cabinet, bought new, pristine condition, with suspension files. H98cm x W46cm x D62 cm, non—topple mechanism. £45 ono Tel: 01223 357355

FILING Cabinet 'Silverline' Brown and Cream 4 drawer metal filing cabinet. Lockable includes keys. Plus some hanging folders. Very Good Condition. £35 Tel: 07980 416626

CROCKERY FOR SALE Two sets of crockery for sale :1. 4 cups, 6 saucers and milk jug in blue pattern.2. 5 cups and 6 saucers in blue pattern £5 Tel: 01480 437262

FISH Tank Measurements 15 inches high, 17.5 inches long and 7.5 inches wide. Light on top if the lid. Good condition £20 ono Tel: 07783 107304

INVERTER For boat cabin cruiser 150 watt, 12 volt dc to 240 ac, cigar plug use and 240 socket, compact.st ives. £12 Tel: 07791 034695

METAL dustbin Galvanised metal 40litre dustbin with lid. Price shown for one or £25 for two. Picture available. £15 ono Tel: 07979 997375

OFFICE chair Office chair by Vector. Fully adjustable and ergonomic for health and safety. Picture available £15 ono Tel: 07979 997375

POCKET olympus binoculars Small compact easy to use binoculars with soft case, good optics.st ives. £18 Tel: 07791 034695

REMOVAL/STORAGE boxes Removal/Storage boxes. New and for standard house removals,can deliver locally also packing tape. £1 Tel: 07512 268649

ROTARY clothes line. Rotary clothes line. Good condition. Will require new tube in the ground! £20 ono Tel: 07592 858523 or 01763 287262

BICYCLE and accessories, lady's, small adult frame. 22" wheels, pink/purple, 6 Shimano gears, needs inner tube, CB4 area, no offers £25 07592 577563

Household Miscellaneous

SINGLE Futon Pine style wood slatted frame and Red and blue cushions. Good Condition. Bed size 212 x 80 cms. Chair size 76 x 80 cms. £30 Tel: 07980 416626

BOSCH portable angle grinder Model pws 115 400 watt hand held unit with cutting disc.st ives. £18 Tel: 07791 034695

CIGARETTE cards cigarette cards. Wills railway engines.Framed set of 50. £50 ono Tel: 01223 365300

DAVID WINTER COTTAGE 1992 THE CONSTABULARY. exquisite sculpture. Boxed. COA. £15 ono Tel: 01440 730023

DEMI—JOHNS 10 Demi—Johns for sale, good condition. Selling singly for £3 each or collectively. £3 Tel: 01353 665627

DINNER AND TEA SET Indian Tree dinner and tea set. 36 pieces. over 50 years old. Huntingdon. £50 Tel: 01480 455251

EMMERDALE WOOLPACK PUB 1992 Quality craftsmanship sculpture. Collector's item. Boxed. £10 ono Tel: 01440 730023

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JAPANESE tea set delicate white, turquoise & black garden scene excellent condition (Linton) £25 Tel: 01223 891602

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MOTHERS day plate, Avon collectors item, 5 inches diameter with stand, in box £5 Tel: 01638 721744

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ROSEWOOD Bookcase solid wood bookcase 3 shelves 92 x 92 x 30 cms. Good condition. £15 Tel: 07980 416626

SOFA bed slatted base, mint green upholstery, easy to transform £50 ono Tel: 01440 730023

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COFFEE CUP SET FOR SALE Set of 6 coffee cups and saucers with stand. £3 Tel: 01480 437262

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OFFICE Chair Black Office style chair with adjustable height and back. £10 Tel: 07980 416626

PENDELFIN 7 original characters, one has small chip. £30.00 for all Tel: 01223 311070

FREE PRAYERS Are you in need of prayer then TEXT 07776 721109

PLAY STATION One with many games £10 01799 531764

SELF assembly computer table £15 Tel: 07910 322964

Kitchen Electrical Appliances

CANNON 10425g duel fuel cooker Freestanding ranger cooker, black and stainless steel, double size of standard cooker, great condition, stunning unit apart from missing one outerdoor glass, (easily replaced online) hence price as rrp over £1300. £100 Tel: 01353 721848 or 07967 196974

COOKER Tricity Marquis Standalone Elec Cooker 4 Rings/ low level grill/oven—self clean sides good condition/working order buyer collects £50 Tel: 07769 596096

BUSH Microwave/Grill Bush Microwave/Grill model BM750PSLGM for sale, not used very much £20 ono Tel. 01223 560918

Kitchen Electrical Appliances

STAINLESS steel built—in oven Good condition, electric fan assisted oven with ceramic hob, recent model, delivery poss. £70 Tel: 01353 721848 or 07967 196974

DEEP fat fryer tefal azura deep fat fryer with catalyse filtration.clean good condition not used that often. £15 Tel: 01223 502058

HALOGEN Oven by Prolectrix, family size, 12l. Brand new, still packed. £50.00. Also cookbook, new £5.00 Tel: 01223 311070

HOTPOINT washing machine Vgc, recent make and model, delivery poss £75 Tel: 01353 721848 or 07967 196974

JOHN LEWIS LARDER FRIDGE under work top model, in very good cond. £60 ono Tel: 01763 244270

Kitchen Furniture & Fitments

PINE table and benches Pine kitchen table with 2 benches. Good condition, easily assembled. Table L44inxW23inxH30in. Bench L44inxW11inxH18in. Picture available. £30 ono Tel: 07979 997375

KITCHEN TABLE ROUND DROP LEAF 90cm 36" BEECHWOOD BLOCK PEDESTAL .+ 2 CHAIRS +1 STOOL GOOD CONDITION £25 ono Tel: 01223 839007

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DINING table chair Cream leather effect mid back dining chair. Brand new, never used. £20 ono Tel: 07979 997375

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3 Seater sofa + 2 Arm chairs Brown floral pattern, very comfy, few years old. Welcome to come look. Must bring own transport and 2 people to move it (collect Melbourn). Please email me for photos callumcuruk@yahoo.co.uk £65 ono Tel: 07972 167735 or 01763 262740

Lounge & Conservatory Furniture

FREE TO COLLECT Large 3 seater sofa and 2 armchairs comfortable and clean condition in pale pink floral with sky blue and taupe modern pattern with washable cushion covers — space needed in St. Ives flat — Please collect Tel: 01480 465199

PRETTY 3 piece suite for sale 3 seater sofa and 2 armchairs comfortable and clean condition in pale pink floral with sky blue and taupe pattern highlights with washable cushion covers — space needed in St. Ives flat — Buyer to collect £50 Tel: 07749 624948

SOFA— 2 Seater Cream Leather 68x32 cream leather sofa originally from land of leather good condition, collection only £50 ovno Tel: 07445 991682 or 01480 533916

2 Seater sofa Brown leather Faux look 2 Seater sofa in good condition. pickup Huntingdon, £99 ovno Tel: 07581 780127

3 PIECE SUITE Attractive suite in Dralon fabric—colour Mint. Excellent Condition. Bargain at ONLY £99 Tel: 01763 852594

CORNER TELEVISION UNIT Black glass and chrome effect corner tv unit as new condition £15 Tel: 07546 846580

OAK Coffee table New Solid Oak coffee table. Height 45 cm, Length 91cm and width 41cm. Huntingdon. £50 Tel: 07581 780127.

SINGLE floral Matress Reasonable condition. 172cmx 92cmx20cm . in cambridge. 07871680822 £5 ono Tel: 07871 680822

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SOFA DARK BROWN LEATHER. LARGE 3 SEATER. VGC. BUYER COLLECTS £75 ono Tel: 01223 322443

STUDY table good condition, missing a drawer.71cm height x 100x50.07871680822. in cambridge £5 ono Tel: 07871 680822

WRITING Bureau With 2 shelves covered with glass sliding doors. Mid colour Oak, Collect from St Ives £15 ono Tel: 07591 699127

COFFEE table teak, rectangular with shelf underneath—very good condition. £15 Tel: 01440 763646

PEACOCK Chair Rattan Peacock chair, very good condition £50 ovno Tel: 07769 596096

SMALL coffee, work table 50cmx50cm.£2. in cambridge £2 Tel: 07871 680822

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DIOCESE OF ELY

Academies Business Manager

The Diocese of Ely Multi-Academy Trust invites applications for the post of Academies Business Manager. The Trust is expanding rapidly as more primary schools within the Diocese convert to academies. We are therefore seeking to appoint someone with the relevant experience and expertise to take on the role, who is keen to take on the challenge of working in a fast moving educational environment.

The academies business manager will be responsible for the financial and business management of the Trust and its associated academies. Amongst the duties, the role will involve:

- working with Trust Board and all academies to ensure that both operate within sound financial controls
- preparing Board management accounts and audit files in accordance with the guidance provided by the Educational Funding Agency
- supporting academies with budget setting
- procuring goods and services for all academies in the Trust
- working with the Trust's project manager and legal team to admit new schools to the Trust.

This is an exciting opportunity to help the Diocese to shape the future of its educational provision. Through efficient and effective management of the business needs of the Trust, you will be contributing to improving the quality of education for pupils in all the academies in the Trust.

Closing date: Monday 14th April
Interviews: Tuesday 29th April

For further information, please visit the website: http://www.ely.anglican.org/news_events/vacancies.html

For an informal conversation, please contact Tricia Pritchard on 01353 652711

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General Vacancies

UNIVERSITY OF CAMBRIDGE

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Trainee Building Surveyor (Fixed- term)

Department: Estate Management

Estate Management are looking to recruit a Trainee Building Surveyor to provide technical support to the Building Maintenance Surveyors in all duties connected with alteration, repair, and maintenance of the Operational Estate.

The role holder will be expected to undertake a structured programme of learning via an approved University course with a view to graduating at degree level in a Building Construction/Surveying related course. This course will be funded by Estate Management as part of the role and time will be taken during the working week to attend University.

The ideal candidate will be educated to at least A-level (or equivalent) standard with excellent organisational and communication skills. A knowledge of drawing and IT systems is desirable. This is an exciting opportunity to develop a career and gain a qualification while working as part of a successful and busy organisation. Full training will be provided. This contract will be fixed term for a period of 5 years.

This post is graded at University Grade 1 level (£13,621 - £15,054 pa) within the University salary structure, increasing 1 grade per year to a maximum of Grade 5 level at the end of the 5 year contract on successful completion of set targets.

For further information and an application form for this role please contact Katie Harrison (HR Manager) on 01223 748126 or via email EM.HR@admin.cam.ac.uk.

Please quote reference BA02992 on your application and in any correspondence about this vacancy.

Closing date: 08 April 2014

Chief Computing Technician (Fixed-term)

Department: Cambridge Institute for Medical Research • Salary: £24,289-£27,318

Applications are invited for the position of Temporary Computing Technician within the Cambridge Institute for Medical Research (CIMR).

The successful applicant will join a small team managing the IT infrastructure and audio visual facilities, and providing day to day support to 450 research and administrative staff.
In addition to excellent interpersonal skills and a positive attitude, applicants must be able to demonstrate attention to detail at all times.

Applicants should have broad experience of supporting Windows, Mac and Linux operating systems. Familiarity with Active Directory, Cisco network switches, and basic web development are required.

The funds for this post are available for 1 year in the first instance.

To apply online for this vacancy and to view further information about the role, please visit: http://www.jobs.cam.ac.uk/job/3468. This will take you to the role on the University`s Job Opportunities pages. There you will need to click on the 'Apply online' button and register an account with the University's Web Recruitment System (if you have not already) and log in before completing the online application form.

If you have any questions about this vacancy or the application process, please contact Susan Brasher tel: 01223 334125, email sib25@cam.ac.uk

Please quote reference SA02956 on your application and in any correspondence about this vacancy.

Closing date: 1 April 2014
Interview date: 22 April 2014

Senior Secretary

Department: Cambridge Institute for Medical Research • Salary: £20,972-£24,289

Applications are invited for the above position to provide efficient and effective secretarial support to Senior Principal Investigators.

In addition to routine secretarial services, the post holder will arrange travel and accommodation for conferences and seminars, and raise orders using the University Financial System.

We are looking for applications from individuals with some experience in a similar role with a good general education, including GCSE English and Maths or equivalent with excellent IT skills. You must be able to prioritise your workload and multi-task, be able to work using your own initiative with accuracy and have good communication skills.

To apply online for this vacancy and to view further information about the role, please visit: http://www.jobs.cam.ac.uk/job/3505. This will take you to the role on the University`s Job Opportunities pages. There you will need to click on the 'Apply online' button and register an account with the University's Web Recruitment System (if you have not already) and log in before completing the online application form.

For informal enquiries concerning this position please contact Susan Keene 01223 763227 or email director-pa@cimr.cam.ac.uk

Please quote reference SA02990 on your application and in any correspondence about this vacancy.

Closing date: 09 April 2014
Interview date: 28 April 2014

PhD Fellowships Administrator (Part-time)

Department: Cambridge Institute for Medical Research • Salary: £24,289-£27,318 pro rata

An exciting opportunity has arisen for a part-time PhD Fellowship Administrator with the Cambridge Institute for Medical Research. Working 18 hours per week (over 4 or 5 days) this key post is responsible for providing comprehensive administrative support for a number of PhD programmes for non-clinical fellows and graduate students. In this interesting, varied and busy role, you will liaise with a variety of senior academic staff, act as Committee Secretary and be responsible for related financial management.

You should be educated to "A" level standard or equivalent with a high degree of literacy, numeracy and IT literacy. You must be able to anticipate problems finding swift solutions often using your own initiative. Proven organisation skills, experience in managing complex workloads and relevant office experience are also essential.

To apply online for this vacancy and to view further information about the role, please visit: http://www.jobs.cam.ac.uk/job/3465. This will take you to the role on the University`s Job Opportunities pages. There you will need to click on the 'Apply online' button and register an account with the University's Web Recruitment System (if you have not already) and log in before completing the online application form.

For informal enquiries please contact Dr Folma Buss fb207@cam.ac.uk

Please quote reference SC02953 on your application and in any correspondence about this vacancy.

Closing date: 13 April 2014
Interviews will be held during the week commencing 28th April 2014.

General Vacancies

Level Co-ordinator/Chief Laboratory Technician

Department: Cambridge Institute for Medical Research • Salary: £26,527-£30,728

A Co-ordinator of Technical Support Services is required to assist in the management of the Cambridge Institute for Medical Research support facilities according to the needs of the scientists and within University and Institute guidelines http://www.cimr.cam.ac.uk

You will be part of the Laboratory Management Team which provides support and assistance for the communal laboratory facilities which include tissue culture, containment level 2 labs, radioactive supervised areas, core equipment labs, cold rooms and dark rooms.

Qualified to HNC level in Biological Sciences or equivalent and having substantial relevant research laboratory experience you will be responsible for the operational management of two floors of core research laboratories including managing the maintenance of equipment, health and safety and purchasing. You will have effective interpersonal and communication skills.

You will manage budgets on behalf of the Laboratory and Facilities Manager and make recommendations on equipment and consumables expenditure.

Previous experience of a similar role in a research laboratory is desirable but not essential. This key role offers an ideal opportunity for experienced research staff to move into Laboratory Management.

For informal enquiries please contact David Cheesman on djc69@cam.ac.uk

To apply online for this vacancy and to view further information about the role, please visit: http://www.jobs.cam.ac.uk/job/3501. This will take you to the role on the University`s Job Opportunities pages. There you will need to click on the 'Apply online' button and register an account with the University's Web Recruitment System (if you have not already) and log in before completing the online application form.

If you have any questions about the application process, please contact Susan Brasher tel: 01223 334125, email sib25@cam.ac.uk

Please quote reference SA02986 on your application and in any correspondence about this vacancy.

Closing date: 09 April 2014
Interview date: 25 April 2014

Various roles

Department: Estate Management University Centre • Salary: £15,814-£18,185 p.a

The Facilities Management team, part of Estate Management, are looking to recruit experienced and enthusiastic staff to work as part of their busy team providing a range of services to the University's sites and buildings.

We are currently recruiting to the following roles:

- Custodian (Part-time) £15,814 - £18,185 pa (pro rata)
- Facilities Assistant (Part time) £15,814 - £18,185 pa (pro rata)
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- Porter (x2) (based at the University Centre) £15,814 - £18,185 pa

This is an ideal opportunity for career development within a fast paced and successful organisation. The ability to work within a team, effective time management skills and an understanding of health and safety are essential to these roles. Experience of working within a similar customer-centred environment is preferred.

For further information and an application form for this role please contact Katie Harrison (HR Manager) on 01223 748126 or via email EM.HR@admin.cam.ac.uk.

Please quote reference DN03007 on your application and in any correspondence about this vacancy.

Closing date: 09 April 2014

Project Manager (x2)

Department: Estate Management • Salary: £37,756-£47,787 p.a.

An exciting opportunity has arisen for two experienced Project Managers to join Estate Management.

The role of Project Manager exists to provide the University with an expert service in managing, master planning and briefing as well as the procurement of new buildings and refurbishment of existing buildings. The role holder/s will also be responsible for the design and construction processes involved in this and in meeting the requirements of the University and statutory authorities.

The role holder/s will oversee, direct and manage the delivery of several new build and refurbishment projects in parallel. These are typically staggered to include projects in active phases of design, construction and completion as well as those requiring feasibility advice and reports, and resolution of post completion issues. Responsibilities include the following:

- Assessment, appointment, management, motivation and policing of firms of consultants and contractors at operational and senior level
- Production and management of appointment, contract and other project documentation
- Contribution to the development of best practice and policy and in-house project documentation

The successful candidate/s will hold a relevant construction/project management degree, or equivalent, and have excellent communication, negotiation and influencing skills. Significant previous experience in a similar role, with project management experience, is essential for this role.

For further information and an application form for this role please contact Katie Harrison (HR Manager) on 01223 748126 or via email EM.HR@admin.cam.ac.uk

Please quote reference BA02959 on your application and in any correspondence about this vacancy.

Closing date: 07 April 2014

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The Profile
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The Manager, Page Fine Jewellery,
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Round-up

Athletics

Connolly the quickest of the Joggers

KEVIN Connolly was the first Newmarket Jogger across the line in the Oakley 20.

In the undulating, tough race, Connolly finished in 2hr 31min 13sec as Nik Chapman completed his third race of the month with his third personal best, crossing the line in 2:36.51.

Nicky Chapman was Newmarket's first lady as she finished in a personal best 2:39.58 and Lisa Redman completed the course in 2:55.48.

Connolly, Nicky Chapman and Redman will now take part in the distance in Brighton in two weeks.

Neville Clarke was the lone Jogger at the Stowmarket Striders Half Marathon on Sunday, finishing in 1:36.11.

Ursula Ransom won the ladies' title for the third year in a row at the Mud and Mayhem 10K in Thetford Forest, recording a personal best of 43.25 as she finished eighth overall.

The inaugural Newmarket Joggers 10-week beginners' course came to a successful completion when 23 runners crossed the finishing line of a 5K-timed run.

On the night, the runners were supported by established Newmarket Joggers members who ran with the group offering encouragement and pacing tips.

The course has been well attended every week, despite the weather, with everyone showing enthusiasm and dedication to their training, so much so the course has been hailed as having one of the highest retention rates within the local area.

Many of the original participants have now joined Newmarket Joggers and are looking forward to competing for the club in the forthcoming Heath Race, 5K League as well as other team events and joining in the Tuesday and Thursday training sessions.

The course was managed from its inception by Neil Williamson, who provided a detailed training plan throughout and managed and advised all those training and coaching.

Williamson was assisted by various Joggers throughout the course adding to the success of the course, and they included Debbie Read, Jennie Grimwood, Greg Davis, Stuart Janes, Alex Cairns and Paul Holley.

In addition, Paul Evans went along to mentor the coaches and runners.

TRAINING FUN: Runners who took part in the Newmarket Joggers' 10-week beginners' course

Speedway

Fen Tigers duo go through to under-21 final

MILDENHALL will have four representatives in next month's British Under-21 final after Jack Kingston and Connor Coles qualified from Saturday's semi-final at Plymouth.

Kingston was most impressive with three wins and a second, while a third place for Coles in his last ride secured the sixth and final qualifying place.

The pair will now join Fen Tigers team-mates Joe Jacobs and Josh Bates at Wolverhampton on April 15.

Connor Mountain also produced a worthy effort with five points.

"I made pretty much every start except my first and fourth" said Kingston, who was making his Under-21 debut.

"Connor (Coles) made the start in the first but over shot the corner and I cut underneath him.

"In heat nine I got out and ran a bit wide into the slippery bit. I was going sideways down the straight but managed to solve it and hold on for second.

"In heat 15 I was off gate one which was terribly sunk in but I managed to find a dry patch which I went off. The conditions were not ideal.

"Everyone beat me out so I sat as far back as I could and it just took off, it was unreal.

"I was two to three bike lengths in front but had gone past the point to turn so I turned hard and came off.

"Steve (Boxall) pretty much rebuilt my bikes before the start and he sorted out my gate in the last one."

Kingston beat more high-profile riders Danny Phillips and Ben Morley in his final race and clocked the fastest time of the night in his second ride.

Despite qualifying, Coles was more gutted about not winning.

"I'm pleased to get through but I'm not happy that I didn't win it," he said. "There were not too many places to pass and you had to shut off when you got close to someone as you almost came off."

Mildenhall host their press and practice at midday on Monday before their opening fixture against Stoke on April 6.

DAVID CRANE

Cycling

Skeats eases to club Rough Ride success

MATT Skeats returned home from university and cruised around Mildenhall Cycling Club's annual Rough Ride in a winning time of 1hr 12min 44sec.

The 20-year-old averaged nearly 17mph over the 20-mile circuit featuring a mixture of bridleways, farm tracks and some tarmac to finish well over three minutes ahead of his nearest rival Marc Bowers.

Mandy Burchett finished in third position with a comfortable gap of over three minutes ahead of Richard Carrington.

But she was disappointed that her average of 14.98 was below 15mph.

Ryan Skeats was only 12 minutes slower than his older brother to easily win the under-18s section in a time of 1:24.35.

Josh Murad, who has only recently celebrated his 13th birthday and was four years younger than the winner, averaged over 12mph to record a time of 1:38.58, which ensured he took second spot.

And to his credit, the teenager also suffered a puncture and had to walk the final section of the course.

Club chairman Mark Burchett said: "One of the most pleasing aspects of this year's Rough Ride were the number of children taking part."

Football

Fordham are recruiting

FORDHAM are considering running a second team in the Saturday league next season and are looking for players.

Call John Pryke on 01638 720674.

For all the latest sport news visit cambridge-news.co.uk/sport

Racing

Rocking Robin is in Winter wonderland

DERBY DELIGHT: Robin Hoods Bay, ridden by Luke Morris, after winning the Winter Derby PA

LINGFIELD'S coral.co.uk Winter Derby had attracted several class acts but it was to be won by a six-year-old former handicapper as Robin Hoods Bay provided trainer Ed Vaughan with his biggest success to date.

To give due credit to the all-weather specialist, he had finished second to Farraaj in last year's race and Vaughan had brought the 10-1 chance to the boil for the Group Three event with three lead-up outings.

Robin Hoods Bay was fourth to the 7-4 favourite Grandeur in last month's trial, and with the market leader managing initially to overcome his outside draw before weakening disappointingly, jockey Luke Morris found his chief rival to be Godolphin's Windhoek, who he passed inside the final furlong and defeated by three quarters of a length.

Farraaj was only fifth and jockey Andrea Atzeni was given a three-day ban (April 6,7-8) for causing interference to Windhoek at the first bend of what was a messy race.

Vaughan said: "We'll have to go for the £200,000 race on Good Friday now and then give him a well-deserved break. I'm particularly pleased for his owner, Alan Pickering, who has been with me since the start and loves Lingfield."

There was talk of Ertijaal being of QIPCO 2000 Guineas potential prior to the 32Red Spring Cup, and while the promising colt got the job done, trainer William Haggas was non-committal.

Beaten only by leading two-year-old Toormore on his debut before winning his only other start last June, the 5-4 favourite was drawn on the wide outside and Paul Hanagan had to bounce him quickly from the stalls to get a position.

Ertijaal raced keenly and was pushed to lead two furlongs from home but was nearly given a shock when American Hope started gaining rapidly and was only a head in arrears at the post.

Haggas said: "I'm glad to get that out of the way, it's very hard to make an assessment on that race, so we will see. It wasn't a nice draw, but he was pretty flat-out at the end. At least he's had a run.

"Now I can train him properly anyway. That will bring him on a lot, I'm sure. We can get stuck into him now. I'm happy enough."

Rugby union

Drawbridge ban is a blow for Newmarket

NEWMARKET head coach Steve Drawbridge has been hit with a 16-week ban by Eastern Counties Rugby Union.

He was handed the suspension at a disciplinary hearing on Thursday at Bury St Edmunds RFC.

Drawbridge, who is also manager and lead coach of the Cambridgeshire senior team, the Cambs RFU's chairman and Eastern Counties representative, was accused of verbally abusing a match official in a recent Newmarket Greene King IPA Eastern Counties One game.

The ban is towards the higher end of the mid-range entry point for the offence, which starts at 12 weeks in accordance with the RFU's recommended disciplinary sanctions.

The top end entry point is at 18 weeks, while the longest suspension handed down by the region's union for a similar offence is 26 weeks.

When contacted, Eastern Counties RU confirmed the length of Drawbridge's ban, but said their policy is not to publicise the evidence given in disciplinary hearings or how decisions over the length of suspensions are reached.

Newmarket will not comment until a decision has been made on whether or not to appeal.

Meanwhile, Newmarket's 33-0 defeat to Southwold was not as bad as the result looked, according to director of rugby Gareth Godfrey.

Southwold were 7-0 up at half time, and despite Newmarket having a number of chances, the hosts surged clear in the second half.

Ben Cockerton played for 70 minutes with two broken bones in his hand and a dislocated thumb, and Ben Cooper and Lewis Smith picked up injuries, meaning Newmarket finished the match with 14 men as they only had a squad of 16.

"The first half we did well and had a good amount of possession, to be honest," said Godfrey. "We played the last 20 with 14 and just ran out of steam as they scored two tries. It was an entertaining game, to be honest.

"Had we got the penalties and the try after half time it might have been closer, but it was just not enough."

He added: "We need one bonus-point win which would be enough to secure the play-off place."

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